

**HAWAIIAN SWIMMING
SENIOR PROGRAM
"Veterans' Appreciation Weekend"
November 10&11, 2007
Veterans' Memorial Aquatic Center**

- SPONSOR:** Hawaiian Swimming
- SANCTION:** Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20071110-HISS**
- DATE:** Saturday, November 10, 2007 &
Sunday, November 11, 2007
- POOL SITE:** Veterans' Memorial Aquatic Center
94-801 Kamehameha Highway
Waipahu, HI 96797
- COURSE:** Short Course, 25 yards, 6 or 8 lanes (to be determined based on number of entries received).
- TIME:** Warm Up: 8:30AM
Meet Start: 10:00AM
- DIVISION:** Senior
- RULES:** Current USA Swimming and Hawaiian Swimming rules will govern meet.
- FORMAT:** Timed finals, using automatic electronic timing system with buttons and manual stopwatch backup.
- EVENTS:** See attached.
- ELIGIBILITY:** Minimum age of 12 is required for entry into any individual event. Swimmers must have achieved the Hawaiian Swimming Senior Program 'B' time standard in any course for each event they wish to enter. Swimmers with a Senior Program 'B' time standard, in any course, in the 100 Back/Breast/Fly may enter in the 50 Back/Breast/Fly (respectively) with an estimated seed-time.
- All swimmers must be currently USA Swimming registered and their registration numbers must be in the entry file. No deck registration will be accepted. New registrations must be mailed directly to the LSC Registrar and postmarked no later than five (5) days prior to the meet date.
- ENTRIES:** Swimmers may enter a maximum of three (3) individual events per day.
- Conforming course entries will be priority seeded followed by non-conforming course entries.

- ENTRY FEES:** \$3.00 per individual event.
- Please make checks payable to: **HAWAIIAN SWIMMING**
- ENTRY DEADLINE:** Entries must be received by Thursday, November 8, 2007. **All entries must be submitted using the Hytek's Team Manager program and include a recap sheet.** No late entries will be accepted at the meet.
- E-mail: deanschmaltz@hawaii.rr.com
Cell: 808-375-7970 (Oahu)
- SCORING:** This is a non-scoring meet.
- CHECK-IN:** Check-in sheets will be given to coaches for verification. Coaches will need to present their credentials to pick up scratch sheets; exceptions must see the meet referee. Coaches are to verify their swimmers' entries and scratch events as appropriate. Scratch sheets must be returned to the Clerk of Course 45 minutes before start of session.
- WARM-UP:** Warm-ups must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Marshals will enforce registration rules regarding coaches. Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.
- LAP COUNTERS:** For any individual freestyle event of 16 lengths or more, a swimmer may appoint one person to count laps. During these events, the lap counter shall be used for the purpose of counting laps either in ascending or descending order. Other uses of the lap counter are prohibited. Only one counter per lane will be allowed. Lap counters will be provided.
- OFFICIALS:** For every five (5) swimmers entered in a meet, each entering group member will be responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers do count as officials for this requirement.
- MEET REFEREE(S):** Dave Coleman & Robert Takeshita
- MEET DIRECTOR(S):** Victor Wales
E-mail: vwales@hawaii.edu
Phone: 808-956-5377 (Oahu)
- VOLUNTEERS:** Please remember our Senior Meets are run by the participating teams. As such we are all needed to contribute resources to making the meet happen. In addition to timers and/or officials required from each entering team help is needed for the setup, operation, and takedown aspects of the meet. These include but are not limited to: setting up and dismantling of the tarps and timing equipment, hospitality assistance, cleaning of the bathrooms, disposing of trash, etc. Each team's attention to and preparation for these efforts is very much appreciated.
- HOSPITALITY:** Refreshments will be available for Officials and Coaches during the meet.
- CONCESSION:** N/A

- ADDITIONAL INFO:**
- **Please park in marked stalls fronting the tennis courts. If those stalls are filled overflow parking is available in the gravel parking area (on either side of the gravel road only). DO NOT PARK ON THE GRASS.**
 - POOL AND PARK RULES WILL BE STRICTLY ENFORCED.
 - USE OF CELL PHONES, CAMERAS, AND OTHER RECORDING DEVICES IN BATHROOMS AND LOCKER ROOMS IS STRICTLY PROHIBITED.

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Warm-up: 8:30AM - Meet Start: 10:00AM
(Competition area will be cleared at 9:45AM for set-up of timing equipment)

Saturday, November 10

WOMEN	EVENTS	MEN
1	50 Fly	2
3	200 Back	4
5	100 Free	6
7	200 Breast	8
9	200 I.M.	10
11	50 Free	12
13	200 Fly	14
15	1650 Free*	16

Sunday, November 11

WOMEN	EVENTS	MEN
17	50 Back	18
19	200 Free	20
21	100 Breast	22
23	400 I.M.	24
25	100 Fly	26
27	50 Breast	28
29	100 Back	30
31	500 Free*	32

*The 1650 Free and 500 Free will be seeded slowest-to-fastest and swum alternating women and men.