

**2007-2008 Hawaiian Swimming
Short Course Age Group Swimming Championships
December 14 – 17, 2007**

Sponsor: Hawaiian Swimming

Sanction: Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20071214-SCSC**

Pool site: Kihei Aquatic Center (Maui)
303 E. Lipoa Drive
Kihei, HI 96743

Course: Short Course, 25 yards, 8 lanes

Time: Friday, December 14, 2007
Session 1: Warm-up - 2:00pm Start - 4:00pm
Saturday, December 15, 2007
Session 2: Warm-up - 7:00am Start - 8:30am
Session 3: Warm-up - 1:30pm Program - 2:45pm Start - 3:00pm
Sunday, December 16, 2007
Session 4: Warm-up - 7:00am Start - 8:30am
Session 5: Warm-up - 1:30pm Start - 3:00pm
Monday, December 17, 2007
Session 6: Warm-up - 7:00am Start - 8:30am
Session 7: Warm-up - 1:30pm Start - 2:30pm

The competition pool will be cleared 15 minutes before the start time of each session to set up the electronic equipment.

NOTE: The Referee may change the times of warm-up and/or the start of the meet for the preliminaries and/or finals. All such announcements will be made at a coach's meeting and/or via the public address system.

**Warm-up
Procedures
& Guidelines:**

Warm-ups must be supervised by a USA Swimming registered "coach member" following the guidelines established by the LSC. All "on deck" coaches must have their current USA Swimming coaches card visible at all times. **The meet referee/marshal(s) will enforce the rules regarding the validity of the coaches.** Disregard of the USA Swimming safety rules will be grounds for disqualification of a swimmer from competition. The marshals will enforce the warm-up procedures and maintain order in the swimming venue. The marshals shall have full authority to warn or order to cease and desist.

The **warm-up guidelines** will be for open lane warm-ups. Assigned lanes will be made, if needed, by the LSC Meet Director.

Open lane warm-up is a designated time frame in which the entire pool is open for warming up. Coaches must be on deck at the ends of the pool supervising. All swimmers must enter the pool feet first. Additionally, the pool is altered to accommodate the following configuration:

Lanes 1 to 8: Open swimming with circle swimming on the right with faster swimmers having the right of way. No paddles. Feet first entry.

Lanes 7 & 8: Racing Starts & Sprint Lanes -- racing start, beginning at the starting end only one length of the pool (when designated).

Lane 1: Pace lap swimming with circle swimming on the right with faster swimmers having the right of way (when designated). No paddles.

Rules: The meet will be conducted in accordance with current USA Swimming and Hawaiian Swimming rules. The marshals, with the concurrence of the meet referee, shall have full authority to remove or have removed from the vicinity of the competition anyone behaving in an unsafe manner or using profane or abusive language or whose actions are disrupting the orderly conduct of the meet.

Judging: Fully automatic timing system with manual backup.

Format: Preliminaries and finals except for the following events. These events will be seeded and swum as timed finals.

- Session 1, Friday, December 14, 2007
- Distance events of 400 yards or more
- All relay events (swum during finals)

Events for the 400 IM and 500/1000/1650 Freestyle will be combined and seeded accordingly. Those events will be swum fastest to slowest, alternating females and males.

For the 400 IM, 500 Freestyle, and 1000 Freestyle, the fastest seeded female and male heat will be swum in the finals session at its designated place in the order of events. The remaining heats will be swum fastest to slowest, alternating females and males at the conclusion of the preliminary events for the day.

All individual events will be swum during preliminaries regardless of the number of participants.

Divisions: 10/Un, 11/12, 13/14, 15/16, 17/18. The age of the swimmer as of the first day of the meet will govern the entire meet.

Events: See schedule of events.

Eligibility: Swimmers must be USA Swimming registered with Hawaiian Swimming for 2007 or 2008 and have previously met or bettered the established qualifying championship time standards for short course yards, short course meters or long course meters for each individual event entered on or after December 12, 2006. No deck registration will be accepted and all new registrations must be mailed directly to the LSC Registrar and postmarked NO LATER than 5 days prior to the meet.

Entry fees: \$2.00 per individual entry
\$7.25 per relay entry
\$10.00 Championship Fee per swimmer entered in the meet (this includes relay only swimmers)
\$10.00 per set of additional heat sheets after the initial 2 sets (add fees to the Recap Sheet)
Make checks payable to Hawaiian Swimming.

Entry Deadline: **All required forms for entries (i.e. Recap sheet, Master Entry Form, etc.) and entry file must be emailed and received by 6:00pm on December 4, 2007.** A check for entry fees MUST BE POSTMARKED NO LATER than Wednesday, December 5, 2007 or must be RECEIVED NO LATER than December 7, 2007. Entries without an acceptable check for entry fees will be considered invalid. **No late entries will be accepted.**

Email entries to: grandpainhawaii@hawaii.rr.com
Fred Tester
Phone: (808) 262-7545 (Oahu)

Mail a copy of the Recap Sheet and check to:
Lynne Nakamura
P. O. Box 893193
Mililani, HI 96789

NO REFUNDS WILL BE MADE AND NO LATE ENTRIES WILL BE ACCEPTED.

Entries:**ALL ENTRIES MUST BE SUBMITTED BY EMAIL FOR THIS MEET.**

All individual entries must have met Hawaiian Swimming's "QUAL" standard. A signed Recap Sheet must be submitted with the team entries by the deadline. Swimmers may enter all qualified individual events but will be limited to swim three (3) individual events, per calendar day, plus relays and no more than eight (8) individual events for the entire meet. The last entry exceeding the limit, either per day **or** for the meet, will be automatically scratched unless a scratch is received via the scratch box.

Each club is entitled to enter one (1) relay team per event that may or may not meet the qualifying time. Clubs entering two (2) or more relays per event will be required to provide verification of time for the relays. No swimmer will be allowed to swim up/down in age for relays. All relay only swimmers must be listed on the Master entry form. Please type or print legibly with complete information for each swimmer (name, gender, USA Swimming ID number, age, birth date and event information).

Each relay entry must have an entry time. "NT" will not be accepted. If entering more than one (1) relay per event, use the designator "A", "B", etc. List on the master entry form the date, time and the four (4) swimmers that achieved the qualifying time. If aggregate times are used, list each swimmer and the time and date of the qualifying time being used. ***Use the Team Manager program to convert best eligible times to yards for use in aggregate times.***

Proof of Time:

Proof of time will be required for entry into this meet. All entry times will be verified against the LSC's and SWIMS database. Entry times must have been achieved prior to the entry deadline of December 3, 2007 and after December 12 2006. Entries must be submitted utilizing Hy-tek's Team Manager and utilize the 'Include Proof of Time' function on all entry reports.

Verification:

The NTV Officer **must** have a copy of the meet results before times can be used for entering this meet -- including results from neighbor islands and out-of-state. It will be the responsibility of the clubs to submit meet results with their entries if not using LSC meets. High school league championships and the State high school championship times may be used if the swims were observed. Please consult with the NTV Officer for those swims.

The championship qualifying time for individual swims and aggregated relays must have been achieved by the swimmer(s) on or after **December 12, 2006** at USA Swimming sanctioned meets or Hawaiian Swimming LSC approved meets. Times that cannot be proven within the qualifying period will be removed prior to the event or disqualified for each infraction discovered after the event is swum.

If relays are being entered with qualifying times, the relays must have achieved the time after January 1, 2007. If entering two (2) or more relays with qualifying times for an event, the relays must have met the qualification times at the same meet or aggregate times must be used to meet the qualification time for those relays. Once the times have been established, the time belongs to the club and any four (4) swimmers may swim the relay if he/she is listed on the master entry form.

**Meet
Procedure &
Reporting:**

All swimmers are responsible for reporting directly to the assigned lane when the event is ready to be swum for the preliminaries and finals. Heat sheets that will be posted at various locations around the pool for his/her assigned heat and lane for the events entered and not scratched according to procedures. Failure to be at the assigned lane will be subject to the "No Show" rule.

Each coach shall pick up relay entry lists from the Clerk of Course on which he/she shall list the order of competing relay swimmers and verify all relay swimmers and alternates (names – first and last) are listed. Relay lists, including scratches shall be returned to the Clerk of Course by the end of each day's preliminary competition. If forms are not received on time, the relays will be scratched.

A copy of the relay list will be returned to the coaches and changes to the relay order may be made by the participating relay member(s) at the starting block with the head lane timer. However, no additional names may be added to any relay. Swimmers are to verify with the head lane timer their relay order and make adjustments as needed at the starting block, failure to do so may result in disqualification of the relay.

Scratches:

A scratch box will be available for scratches at the Clerk of Course every day of the meet.

- The scratch box will close at 3:00 pm for Session 1.
- The scratch box will close at the conclusion of each finals/timed finals session for the next following prelim session.
- Scratches for daily timed final events will close at the conclusion of that day's prelim session.

Swimmers are considered checked in for all individual events entered unless scratched by the time specified. Only the club coach/individual swimmer may scratch an event. A copy of the scratch form will be returned to the coach/swimmer as verification.

Scratch Procedure For finals:

A swimmer who qualifies for the finals must notify the Clerk of Course within 30 minutes after the announcement of the qualifiers for that event that he/she may not compete. Failure to notify, declare and/or compete in said finals will result in being a "no show" for finals. In the event of such failure to show or to certify withdrawal, the Referee shall fill the finals heat with the next qualified swimmer(s). First and second alternates will be announced along with the qualifiers but shall not be penalized if unavailable to compete in those final events.

Declared False Starts:

A "declared false start" is when the swimmer reports to the Referee prior to the start of the event and declares his/her intent not to compete. The swimmer will be disqualified from that event without penalty.

A declared false start or deliberate delay of meet at finals is not permitted and will be regarded as a failure to compete and is subject to the rules of a "no show" for finals.

No shows:

For all individual events, swimmers who have been seeded and are not at the starting block for that event will be automatically disqualified from all **subsequent** individual and relay events for that day unless the Referee is notified of illness or injury.

An individual's event is one (1) preliminary event or one (1) preliminary and its related final event or a timed final event. If the swimmer qualified for the finals prior to the "no show" preliminary or timed final event, he/she must swim that final event or be subject to the penalty of a "no show" for finals. All "no shows" for timed final events will be subject penalties similar to "no show" preliminary events.

Additionally, the swimmer will not be seeded in the remainder of his/her individual events, *nor will he/she be allowed to participate on a relay* if declaration of intent is not fulfilled. He/she declare his/her intent to swim the next day (even if he/she does not have a qualifying event) before the scratch box closes each day for the remainder of the meet.

must
individual

In the event that a swimmer is a "no show" for his/her first event due to unforeseen circumstances, an appointed 5-member meet jury will convene to determine the swimmer's eligibility to compete the remainder of the day without penalty.

A "no show" for finals will result in being disqualified from further competition for the remainder of the meet, except in the event of illness or injury.

Protests:

Protests will be registered only with the Meet Referee within thirty (30) minutes of the infraction. This protest must be written and signed. The meet jury will convene to resolve protests only if the situation cannot be resolved by the referee in accordance with USA Swimming and/or Hawaiian Swimming rules.

Lap Counters: For any individual freestyle event of 16 lengths or more, a swimmer may appoint one person count laps. During these events, the lap counter shall be used for the purpose of counting laps either in ascending or descending order. Other uses of the lap counter are prohibited. Only one counter per lane will be allowed.

Individual/ Team scoring:	Individual places	1	2	3	4	5	6	7	8
	Points	9	7	6	5	4	3	2	1

For individual scoring only, an additional nine (9) points will be awarded for breaking or tying a Hawaiian age group record during the preliminaries or finals. He/she will not be awarded two bonuses for the same event.

	Relay places	1	2	3	4	5	6	7	8
	Points	18	14	12	10	8	6	4	2

Awards:
 Individual events 1st through 8th - medals
 Relay events 1st through 3rd - medals
 4th through 8th – ribbons

High Point female and male in each age group – trophy

Overall team points 1st through 8th - trophy

Awards will be presented for all events during the course of the meet. The timing of the awards presentation will be left to the Meet Referee’s discretion.

Officials: Key officials will be assigned their duties prior to the meet.

For every five (5) swimmers entered in the meet, each team is responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers count as officials for this requirement. The host club/organization will have the option to assign a timing lane to participating teams.

Co-Meet Directors: Malcolm Cooper, MAGSA Representative (808) 280-4257 [c] (Maui)
 Kenny Chew, Hawaiian Swimming LSC Age Group Vice-Chair (808) 780-7946 [c] (Oahu)

Meet Marshal: The host club/organization will be in charge of assigning marshals each day.

Hospitality: Officials and coaches will be provided refreshments and lunch each day.

Concession: A concession will be available during the meet.

Special notes: A 5-member meet jury will be appointed consisting of:
 1 coach 1 official 1 athlete 2 at-large (1 from a neighbor island)

Additional Information: Pool rules will be strictly enforced.

Warm-up/cool-down lanes will be available during the meet. Credentialed coaches should provide additional supervision of swimmers in the area.

Use of cell phones, cameras, and other recording devices in bathrooms and locker rooms is STRICTLY PROHIBITED.

A map of designated team areas will be distributed.

2007 Short Course State Championship Time Standards (Yards)

Girls					Event	Boys				
17-18	15-16	13-14	11-12	10&Un		10&Un	11-12	13-14	15-16	17-18
:28.65	:27.58	:28.01	:29.46	:34.47	50 Free	:35.05	:30.57	:26.82	:24.86	:25.15
1:02.57	1:00.24	1:00.68	1:05.10	1:15.41	100 Free	1:17.14	1:06.90	:58.08	:54.49	:55.47
2:17.51	2:09.82	2:11.09	2:21.71	2:47.52	200 Free	2:48.24	2:25.94	2:06.87	1:59.41	2:03.01
6:00.05	5:44.37	5:46.17	6:15.57	-----	500 Free	-----	6:28.19	5:39.22	5:19.81	5:29.68
12:43.91	11:50.22	12:04.03	-----	-----	1000 Free	-----	-----	11:47.13	11:09.62	11:40.47
21:15.84	20:03.05	20:15.91	-----	-----	1650 Free	-----	-----	19:42.88	19:02.72	19:44.16
-----	-----	-----	35.09	:41.55	50 Back	42.58	36.66	-----	-----	-----
1:14.12	1:09.26	1:11.76	1:15.52	1:29.59	100 Back	1:30.69	1:18.74	1:08.95	1:03.71	1:06.63
2:40.22	2:29.13	2:30.34	-----	-----	200 Back	-----	-----	2:25.65	2:18.52	2:25.04
-----	-----	-----	39.08	:45.78	50 Breast	:47.74	39.80	-----	-----	-----
1:23.23	1:17.34	1:19.82	1:25.21	1:40.01	100 Breast	1:43.92	1:27.91	1:16.55	1:12.23	1:14.18
3:01.54	2:48.41	2:49.12	-----	-----	200 Breast	-----	-----	2:43.78	2:35.95	2:44.52
-----	-----	-----	:32.84	:38.80	50 Fly	:40.47	:33.91	-----	-----	-----
1:11.60	1:07.03	1:09.26	1:14.15	1:30.68	100 Fly	1:34.46	1:16.45	1:05.90	1:00.61	1:02.17
2:45.79	2:31.10	2:32.06	-----	-----	200 Fly	-----	-----	2:26.09	2:17.77	2:26.72
-----	-----	-----	1:14.64	1:29.14	100 I.M.	1:31.55	1:17.34	-----	-----	-----
2:34.63	2:28.79	2:29.82	2:40.51	3:08.03	200 I.M.	3:11.38	2:45.81	2:23.51	2:15.95	2:19.94
5:40.21	5:13.94	5:18.77	-----	-----	400 I.M.	-----	-----	5:07.32	4:51.95	5:10.15
					RELAYS					
2:04.00	2:01.64	2:03.52	1:57.84	2:17.88	200 Free	2:20.20	2:02.28	1:58.28	1:49.68	1:48.88
4:30.76	4:25.60	4:27.60	4:20.40	-----	400 Free	-----	4:27.60	4:16.12	4:00.36	4:00.08
2:21.88	2:15.81	2:19.60	2:16.47	2:40.60	200 Medley	2:45.84	2:20.94	2:13.65	2:04.52	2:05.80
5:15.29	5:01.81	5:10.23	4:59.98	-----	400 Medley	-----	5:10.00	4:56.99	4:36.72	4:39.56