

**HAWAIIAN SWIMMING
OAHU DISTANCE MEET (SCY)
Veterans' Memorial Aquatic Center
Saturday, October 20, 2007**

SPONSOR: Hawaiian Swimming

SANCTION: Held under the sanction of USA Swimming
Hawaiian Sanction No.: **HI20071020-HIOC**

DATE: Saturday, October 20, 2007

POOL SITE: Veterans' Memorial Aquatic Center
94-801 Kamehameha Highway
Waipahu, HI 96797

COURSE: Short Course, 25 Yards, 10 lanes

TIME: Warm Up: 7:00 AM - 8:15 AM
Meet Start: 8:30 AM

RULES: Current USA Swimming and Hawaiian Swimming rules will govern meet.

FORMAT: Timed finals, using automatic timing system (pads and two buttons) with manual watch backup. The "four (4) hour rule" will be in effect for swimmers of age 12 and under.

DIVISIONS: Individual Events: 11-12, 12, 13-14, 15-16, 17-18

EVENTS: See attached

ENTRIES: Swimmers may enter a maximum of two (2) individual events and must meet all eligibility requirements. Master Recap sheets must be included with the entries.

ENTRY FEES: \$4.00 per swimmer entered. Entry fees must accompany entries OR be submitted to Clerk of Course upon check-in. No refunds will be made.

Make checks payable to: **Hawaiian Swimming**

Checks may be mailed to: Lynne Nakamura
P. O. Box 893193
Mililani, HI 96789

ENTRY DEADLINE: Hy-Tek Meet Manager will be used. **Entries must be RECEIVED NO LATER than Monday, October 15, 2007 (5 days prior to meet).** No late entries will be accepted at the meet.

E-mail entries and recap to: deanschmaltz@hawaii.rr.com
Dean Schmaltz
c: 808-375-7970

ELIGIBILITY: All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or entry file. No deck registration will be accepted. **All new registrations must be mailed directly to the LSC Registrar and postmarked no later than 5 days before the meet date.**

Swimmers must have achieved the HI-AA time standard in the event entered OR have achieved the entry requirements listed in the following splash requirement section. Fines for swimming out of classification will be based on the LSC database results of the past 2-year schedule and strictly enforced.

SPLASH REQUIREMENTS: Swimmers of age 11-12 must have achieved the 11-12 HI-AA time standard in the 200 M/Y Free for entry into the 500 Y Free.

Swimmers of age 13-18 must have achieved the 13-14 HI-AA time standard in the 200 M/Y Free for entry into the 500 Y Free.

Swimmers of age 12-18 must have achieved the 13-14 HI-AA time in the 400/500 Free M/Y for entry into the 1000 or 1650 Y Free.

Swimmers of age 12-18 must have achieved the 13-14 HI-AA time standard in the 100 M/Y length of the Breast/Back/Fly for entry into the 200 Y length of the same stroke.

Swimmers of age 12-18 must have achieved the 13-14 HI-AA time standard in 200 IM for entry in the 400 IM.

LAP COUNTERS: For any individual freestyle event of 16 lengths or more, a swimmer may appoint one person to count laps. During these events, the lap counter shall be used for the purpose of counting laps either in ascending or descending order. Other uses of the lap counter are prohibited. Only one counter per lane will be allowed.

CHECK-IN: Coaches will need to present their credentials to pick up check-in sheets; exceptions must see the meet referee. Coaches are to verify their swimmers' entries and scratch events as appropriate. Check-in sheets must be returned to the Clerk of Course 45 minutes before the start of the session.

**WARM-UPS/
WARM-DOWNS:** Warm-ups and warm-downs must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. **Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Marshal(s) will enforce registration rules regarding coaches.** Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

AWARDS: Individuals will be awarded ribbons for 1st through 8th places in each age group division.

RESULTS: Results will be posted on the Hawaiian Swimming website. Hard copy of meet results will be provided upon request.

OFFICIALS: Each team is required to provide one (1) official for every five (5) swimmers entered in the meet. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers are considered officials. **Teams may be pre-assigned timer lanes.**

MARSHALS: To be designated by the meet director and/or referee.

MEET REFEREE: Dave Coleman

MEET DIRECTOR: Dean Schmaltz
deanschmaltz@hawaii.rr.com
c: 808-375-7970

VOLUNTEERS: This meet is hosted by the LSC Officials. As such assistance is needed from the participating teams to contribute resources to making the meet happen. In addition to timers and/or officials required from each entering team help is needed for the setup, operation, and takedown aspects of the meet. These include but are not limited to: setting up and dismantling of the tarps and timing equipment, hospitality assistance, cleaning of the bathrooms, disposing of the trash, etc. Each team's attention to and preparation for these efforts is very much appreciated.

HOSPITALITY: Refreshments will be available for Officials, Timers, and Coaches during the meet.

CONCESSION: No concession stand will be available during the meet.

ADDITIONAL INFO:

- Please park in designated parking spaces first.
- Please do not park on the grass. There is a gravel area that can accommodate overflow parking. Please park in single rows.
- No food will be allowed on the pool deck (except for officials, timers, and coaches).
- All swimmers must shower before entering the pool for warm-ups.
- Pool rules will be strictly enforced.

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GIRLS	DIVISION	STROKE	BOYS
1	12 - 18	1650 FREE	2
3	12 - 18	200 BREAST	4
5	12 - 18	400 I.M.	6
7	12 - 18	200 FLY	8
9	12 - 18	1000 FREE	10
11	12 - 18	200 BACK	12
13	11 - 18	500 FREE	14

* All events will be seeded fastest to slowest and swum with alternating heats of girls and boys. Partial heats may be combined and empty lanes may be filled by referee.