

**2008 Hawaiian Swimming Age Group
'AA' Long Course Championships
July 19-20, 2008**

Sponsor: Hawaiian Swimming

Sanction: Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20080719-AALC**

Pool site: "Sparky" Kawamoto Swim Stadium
260 Kalanikoa Street
Hilo, HI 96720

Course: Long Course, 50 Meters, 8 Lanes

Time: Saturday, July 19, 2008
Session 1: Warm-up - 8:30am Program - 10:15am Start - 10:30am

Sunday, July 20, 2008
Session 2: Warm-up - 8:30am Start - 10:30am

The competition pool will be cleared 15 minutes before the session start time.

NOTE: The Referee may change the times of warm-up and/or the start of the sessions. All such announcements will be made at a coaches' meeting and/or via the public address system.

Rules: The meet will be conducted in accordance with current USA Swimming and Hawaiian Swimming rules. The Marshals, with concurrence of the Referee, shall have full authority to remove or have removed from the vicinity of the competition anyone behaving in an unsafe manner or using profane or abusive language or whose actions are disrupting the orderly conduct of the meet.

Judging: Fully automatic timing system (touch pads and buttons) with manual backup.

Format: Timed finals for all individual and relay events. Seeded and swum slowest to fastest.

Divisions: Individual events: 10/Un, 11/12, 13/14, 15-18.

Relay events: 10/Un, 11-12, 13-18.

The age of the swimmer of the first day of the meet will govern the entire meet.

Events: See attached schedule of events.

Eligibility: Swimmers must be USA Swimming registered with Hawaiian Swimming for 2008. No deck registration will be accepted and all new registrations must be mailed directly to the LSC Registrar and postmarked NO LATER than 5 days prior to the meet.

Swimmers must have previously met the established Hawaiian Swimming 'AA' time standards of their age group for Short Course Yards, Short Course Meters, or Long Course Meters for each individual event entered on or after **August 4, 2007**. Best times achieved must be converted (using LSC approved Hy-Tek conversion formulas) to Long Course Meters and must not match or better the Hawaiian Swimming 'Q' time standards. 15/16 and 17/18 year-old swimmers are to use their respective Hawaiian Swimming 'AA' and 'Q' age group time standards for determining individual event eligibility in the combined 15-18 divisions.

Swimmers who have achieved the Hawaiian Swimming 'Q' time standards of their age group in one or more events ARE eligible to enter ANY individual events in which they have NOT achieved the Hawaiian Swimming 'Q' time standards but have achieved the Hawaiian Swimming 'AA' time standards. Swimmers who have achieved the Hawaiian Swimming 'Q' time standards of their age group in one or more events ARE NOT eligible to enter or compete in ANY relay events.

Entries:

A signed Recap Sheet must be submitted with the team entries by the deadline. Swimmers may enter all qualified individual events but will be limited to swim in at most three (3) individual events and one (1) relay event per day. The last entry exceeding the limit, either per day or for the meet, will be automatically scratched unless a scratch is received via the scratch box.

Each swimmer who qualifies for at least one (1) individual event may enter in two (2) BONUS EVENTS for the entire meet. Bonus events may be swum on any day and count towards a swimmer's daily and meet individual event totals. The qualifying time standard for a bonus event entry is the Hawaiian Swimming 'A' time standard of each swimmer's respective age group. Entry times for bonus event entries must have been achieved during the meet qualifying time period, must be converted to Long Course Meters, and must not match or better the Hawaiian Swimming 'AA' time standard.

All *relay-only* swimmers must be listed in the entry file with complete information for each swimmer (name, gender, USA Swimming ID number, age, birth date and event information).

Each relay entry must have an entry time. "NT" will not be accepted. ***Use the Team Manager program to convert best eligible times to Long Course Meters for aggregate relay entry times.***

Entry fees:

\$2.00 per individual entry.

\$7.25 per relay entry.

\$13.00 Championship Fee per swimmer entered in the meet (this includes relay only swimmers).

Make checks payable to: Hawaiian Swimming.

Entry Deadline:

All required forms and files for entries must be e-mailed NO LATER than **Wednesday, July 9, 2008**. The check for entry fees and recap sheet must be POSTMARKED no later than **Thursday, July 10, 2008**. An acceptable check for entry fees must be included or entries will be considered invalid.

Entries may be updated on Sunday, July 13, 2008 with new qualifiers and new times from meets held after the July 9, 2008 entry deadline. Only first time qualifiers may be added to a team's roster. Additional events and/or updated times may be included for pre-entered swimmers. Incremental entry fees and updated Recap Sheet must be postmarked no later than Monday, July 14, 2008.

E-mail entries and Recap Sheet to:

Gwenn Tomiyoshi
jackel@hawaiiantel.net
(808) 959-0608

Mail a copy of the Recap Sheet and check to:

Lynne Nakamura
P. O. Box 893193
Mililani, HI 96789

NO REFUNDS WILL BE MADE AND NO LATE ENTRIES WILL BE ACCEPTED.

Verification:

The LSC Times Administrator must have a copy of the meet results before times can be used for entering this meet - including results from neighbor islands and out-of-state. It will be the responsibility of the clubs to submit meet results with their entries if not using LSC meets. High school league championships and the state high school championship times may be used if the swims were observed. Please consult with the LSC Times Administrator for those swims.

The qualifying time standard for individual swims or aggregate times used for relays must have been achieved by the swimmer(s) on or after **August 4th, 2007** at USA Swimming sanctioned meets or Hawaiian Swimming LSC approved meets. Eligibility AND entry times must be based on best achieved times converted to Long Course Meters. Times that cannot be proven within the qualifying period will be removed prior to the event or disqualified for each infraction discovered after the event is swum.

**Warm-up
Procedures
& Guidelines:**

Warm-ups and warm-downs must be supervised by a USA Swimming registered "coach member" following guidelines established by the LSC. All "on deck" coaches must have their current USA Swimming coaches card visible at all times. The meet Referee and Marshal(s) will enforce the rules regarding the validity of the coaches. Disregard of the USA Swimming safety rules will be grounds for disqualification of a swimmer from competition. The Marshals will enforce the warm-up procedures and maintain order in the swimming venue. The Marshals shall have full authority to warn or order to cease and desist. Assigned lanes will be made, if needed, by the Meet Director(s).

**Meet Procedure
& Reporting:**

All swimmers are responsible for reporting directly to the assigned lane when the event is ready to be swum. Heat sheets will be posted at various locations around the pool specifying heat and lane assignments for events entered and not scratched according to procedures. Failure to be at the assigned lane will be subject to the "No Show" rule.

Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers (including *alternates*), their first and last names, and order of swims. All signed relay forms, including scratches, must be returned to the Clerk of Course by the specified scratch time. If forms are not received on time, the relays will be scratched.

A yellow copy of the relay forms will be returned to the coaches and changes to the relay order or the use of alternates may be made on that form up to the time of the event. The yellow form *must* be given to the head lane timer prior to the start of the event.

Scratches:

A scratch box will be available for scratches at the Clerk of Course every day of the meet.

- The scratch box for individual entries will close ninety (90) minutes prior to the start of each session.
- The scratch box for relay entries will close at the start of each session.

Swimmers are considered checked-in for all individual events entered unless scratched by the time specified. Only the club coach/individual swimmer may scratch an event. A copy of the scratch form will be returned to the coach/swimmer as verification.

**Declared
False Starts:**

A "declared false start" is when the swimmer reports to the Referee prior to the start of the event and declares his/her intent not to compete. The swimmer will be disqualified from that event without penalty.

No shows:

For ALL individual events, swimmers who have been seeded and are not at the starting block for that event will be automatically disqualified from all **subsequent** individual AND relay events for that day unless the Referee is notified of illness or injury.

Additionally, the swimmer will not be seeded in the remainder of his/her individual events, nor will he/she be allowed to participate on a relay if declaration of intent is not fulfilled. He/she must declare his/her intent to swim the next day (even if he/she does not have a qualifying individual event) before the scratch box closes each day for the remainder of the meet.

In the event that a swimmer is a "no show" for his/her first event due to unforeseen circumstances, an appointed 5-member Meet Jury will convene to determine the swimmer's eligibility to compete the remainder of the day without penalty.

Protests: Protests will be registered only with the Referee within thirty (30) minutes of the infraction. This protest must be written and signed. The Meet Jury will convene to resolve protests only if the situation cannot be resolved by the Referee in accordance with USA Swimming and/or Hawaiian Swimming rules.

Individual and Team scoring:

Individual Places	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>
Points	<u>9</u>	<u>7</u>	<u>6</u>	<u>5</u>	<u>4</u>	<u>3</u>	<u>2</u>	<u>1</u>
Relay Places	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>
Points	<u>18</u>	<u>14</u>	<u>12</u>	<u>10</u>	<u>8</u>	<u>6</u>	<u>4</u>	<u>2</u>

Awards: Individual events 1st through 8th - medals
Relay events 1st through 3rd - medals

Overall Team Points, 1st through 8th - trophy.

Note: A schedule of awards presentations will be distributed and announced separately.

Officials: Key officials will be assigned their duties prior to the meet. For every five (5) swimmers entered in the meet, each team is responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one official will be required. Timers count as officials for this requirement. The host club/organization will have the option to assign timer positions to participating teams.

Hospitality: Officials and coaches will be provided refreshments and lunch each day.

Meet Director: Jon Hayashida
jon.hayashida@helcohi.com
(808) 936-7714

Meet Marshals: The host club/organization will be in charge of assigning marshals each day. All marshals must be USA Swimming registered.

Special notes: A 5-member meet jury will be appointed consisting of:
1 coach 1 official 1 athlete 2 at-large (1 from a neighbor island)

**2008 Hawaiian Swimming Age Group
'AA' Long Course Championships
Event List - July 19-20, 2008**

Session 1 - Saturday, July 19th

- Warm-up - 8:30 AM
- Program - 10:15 AM
- Start - 10:30 AM

Session 2 - Sunday, July 20th

- Warm-up - 8:30 AM
- Start - 10:30 AM

Girls	Division - Event	Boys	Girls	Division - Event	Boys
1	10&U - 50 Fly	2	47	10&U - 100 Fly	48
3	11-12 - 50 Fly	4	49	11-12 - 100 Fly	50
5	13-14 - 200 Fly	6	51	13-14 - 100 Fly	52
7	15-18 - 200 Fly	8	53	15-18 - 100 Fly	54
9	10&U - 50 Free	10	55	10&U - 50 Breast	56
11	11-12 - 50 Free	12	57	11-12 - 50 Breast	58
13	13-14 - 50 Free	14	59	13-14 - 200 Breast	60
15	15-18 - 50 Free	16	61	15-18 - 200 Breast	62
17	10&U - 100 Back	18	63	10&U - 100 Free	64
19	11-12 - 100 Back	20	65	11-12 - 100 Free	66
21	13-14 - 200 Back	22	67	13-14 - 100 Free	68
23	15-18 - 200 Back	24	69	15-18 - 100 Free	70
25	10&U - 100 Breast	26	71	10&U - 50 Back	72
27	11-12 - 100 Breast	28	73	11-12 - 50 Back	74
29	13-14 - 100 Breast	30	75	13-14 - 100 Back	76
31	15-18 - 100 Breast	32	77	15-18 - 100 Back	78
33	10&U - 200 Free	34	79	10&U - 200 IM	80
35	11-12 - 200 Free	36	81	11-12 - 200 IM	82
37	13-14 - 200 Free	38	83	13-14 - 200 IM	84
39	15-18 - 200 Free	40	85	15-18 - 200 IM	86
41	10&U - 200 Medley Relay	42	87	10&U - 200 Free Relay	88
43	11-12 - 200 Medley Relay	44	89	11-12 - 200 Free Relay	90
45	13-18 - 200 Medley Relay	46	91	13-18 - 200 Free Relay	92