

**HAWAIIAN SWIMMING**  
**KAUAI CLASSIC**  
**Kauai Ohana YMCA Pool**  
**August 2 & 3, 2008**

SPONSOR: Swim Kauai Aquatics

SANCTION: Held under the sanction of USA Swimming  
Hawaiian Swimming Sanction No.: **HI20080802-SKA**

DATE: Saturday, August 2, 2008 & Sunday, August 3, 2008

POOL SITE: Kauai Ohana YMCA Pool  
4477 Nuhou Street  
Lihue, HI 96766

COURSE: Short Course, 25 yards, 8 lanes

TIME: Session 1: Warm-up: 8:15 AM – 9:00 AM  
Meet Start: 9:15 AM

Session 2: 30 minute warm-up. Immediately following session 1.

Session 3: Warm-up: 8:15 AM -9:00 AM  
Meet Start: 9:15 AM

Session 4: 30 minute warm-up. Immediately following session3.

WARM-UP: Warm-ups and warm-downs (warm-down pool will be available throughout meet) must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. **Supervising deck coaches shall have their USA Swimming Registration Card prominently displayed at all times. The Meet Referee and Marshal(s) will enforce registration rules regarding coaches.** Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

DIVISIONS: 8&U, 12&U, 13&O

RULES: Current USA Swimming and Hawaiian Swimming rules will govern meet.

FORMAT: Cardless, timed finals, using semi-automatic timing system (3 buttons) with manual watch backup. The four (4) hour rule will be in effect for swimmers in the 12 and under age groups.

EVENTS: See attached.

ELIGIBILITY: All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or disk file. **No deck registration will be accepted and all new registrations must be mailed directly to the LSC Registrar and postmarked no later than 5 days before the meet date.**

ENTRIES: Swimmers may swim a total of four (4) individual events per day, plus relays.

ENTRY FEES: **\$4.00 per swimmer per day (Includes the \$1.00 LSC fee).**  
Please make checks payable to **Swim Kauai Aquatics**.  
Entry fees must accompany entries. No refunds will be made.

DEADLINE: **Entries must be RECEIVED NO LATER than Monday, July 28, 2008 (5 days prior to meet).** No late entries or deck entries will be accepted at the meet.

Email entries to: jmr44@hawaii.rr.com  
or Mail entries to: John Ross (Tel: 808-212-1592)  
4926 Kua Road  
Kalaheo, HI 96741

CHECK-IN: Check-In sheets will be given to the coaches for verification. **Coaches will need to personally present their credentials to pick up heat sheets from the Clerk of Course; exceptions shall be directed to the Meet Referee.** Coaches are to verify their swimmers and scratch events as appropriate. Sheets must be returned to the Clerk of the Course one (1) hour before the start of each session. Scratches for Session 1 and 3 are due by 8:15am, and Sessions 2 and 4 are due by 9:30am each day. Relay scratch sheets for the morning session will be due to the Clerk of Course by 9:30 a.m. Relay scratch sheets for the afternoon session will be due to the Clerk of Course within thirty (30) minutes after the start of Session 2.

AWARDS: Individual ribbons will be awarded 1st thru 8th by age groups:  
8&U, 9-10, 11-12, 13-14, 15-16, 17-18  
Relay ribbons will be awarded 1st thru 3rd.

RESULTS: Hard copy of meet results will be provided upon request only.

OFFICIALS: Each team is required to provide one (1) official for every five (5) swimmers entered in the meet. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers are considered officials.

MEET REFEREE: Kim Hester

MEET DIRECTOR: Colette Rausch email: crausch1@hawaiian.tel.net  
phone: 808-826-1483

MARSHAL(S): Megan Ross

HOSPITALITY: Refreshments will be available for working officials, timers, and coaches during the meet.

CONCESSIONS: A concession will be available during the meet.

ADDITIONAL INFO: \*

- \* ONLY OFFICIALS, VOLUNTEER TIMERS, COACHES AND SWIMMERS MAY BE ON THE DECK. Swimmers should return to their team area soon after they have completed their events and meet with their coach.
- \* POOL RULES WILL BE STRICTLY ENFORCED
- \* NO GLASS inside the pool area.
- \* Use of cell phones, cameras, and other recording devices in bathrooms/locker rooms is STRICTLY PROHIBITED.

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**SESSION 1**

Saturday Session 1: Warm-up: 8:15am- Meet Start 9:15am

<b>EVENT</b>	<b>AGE GROUP</b>	<b>STROKE</b>	<b>EVENT</b>
1	13 & OVER	1000 FREE	2
3	13 & OVER	400 IM	4
5	13 & OVER	400 MIXED FREE RELAY**	

\*\*The Mixed relay must consist of at least 3 women/men and 1 swimmer of the opposite gender. All members of the relay cannot be of the same gender.

**SESSION 2**

Saturday Session 2: (30 Minute Warm-up will begin immediately after the completion of Session 1)

<b>EVENT</b>	<b>AGE GROUP</b>	<b>STROKE</b>	<b>EVENT</b>
7	12 & UNDER	200 IM	8
9	13 & OVER	200 IM	10
11	12 & UNDER	50 BACK	12
13	13 & OVER	200 BACK	14
15	12 & UNDER	50 FREE	16
17	13 & OVER	50 FREE	18
19	8 & UNDER	25 BREAST	20
21	12 & UNDER	100 BREAST	22
23	13 & OVER	100 BREAST	24
25	12 & UNDER	50 FLY	26
27	13 & OVER	200 FLY	28
29	8 & UNDER	25 FREE	30
31	12 & UNDER	100 FREE	32
33	13 & OVER	100 FREE	34
35	12 & UNDER	200 MEDLEY RELAY	36
37	13 & OVER	200 MEDLEY RELAY	38

### SESSION 3

Sunday Session 3: Warm-up: 8:15am - Meet Start: 9:15am

EVENT	AGE GROUP	STROKE	EVENT
39	13 & OVER	1650 FREE	40
41	13 & OVER	400 MIXED MEDLEY RELAY	

### SESSION 4

Sunday Session 4: (30 - Minute Warm-up will begin immediately after the completion of Session 3)

EVENT	AGE GROUP	STROKE	EVENT
43	12 & UNDER	100 IM	44
45	12 & UNDER	200 FREE	46
47	13 & OVER	200 FREE	48
49	8 & UNDER	25 FLY	50
51	12 & UNDER	100 FLY	52
53	13 & OVER	100 FLY	54
55	12 & UNDER	50 BREAST	56
57	13 & OVER	200 BREAST	58
59	8 & UNDER	25 BACK	60
61	12 & UNDER	100 BACK	62
63	13 & OVER	100 BACK	64
65	11- 12	500 FREE	66
67	13 & OVER	500 FREE	68
69	12 & UNDER	200 FREE RELAY	70
71	13 & OVER	200 FREE RELAY	72

**Summary of Offered Events:**

8 & Under Swimmers

25-50-100 BREAST  
25-50-100 FLY  
25-50-100 BACK  
25-50-100-200 FREE  
100-200 IM  
200 MEDLEY RELAY  
200 FREE RELAY

12 & Under Swimmers

50-100-200 FREE  
50-100 BACK  
50-100 FLY  
50-100 BREAST  
100-200 IM  
200 MEDLEY RELAY  
200 FREE RELAY

11-12 Swimmers

500 FREE

13 & Over Swimmers

50-100-200-500-1000-1650 FREE  
100-200 BACK  
100-200 FLY  
100-200 BREAST  
200-400 IM  
200 MEDLEY RELAY  
200 FREE RELAY  
400 MIXED FREE RELAY  
400 MIXED MEDLEY RELAY