

HAWAIIAN SWIMMING
Kauai Unclassified
Kauai Ohana YMCA Pool
September 20, 2008

SPONSOR: Swim Kauai Aquatics

SANCTION: Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20080920-SKA**

DATE: Saturday, September 20, 2008

POOL SITE: Kauai Ohana YMCA Pool
4477 Nuhou Street
Lihue, HI 96766

COURSE: Short Course, 25 yards, 8 lanes

TIME: Warm-up: 8:15 AM – 9:00 AM
Meet Start: 9:15 AM

WARM-UP: Warm-ups and warm-downs (warm-down pool will be available throughout meet) must be supervised by a USA swimming registered “Coach Member” following guidelines established by the LSC. **Supervising deck coaches shall have their USA Swimming Registration Card prominently displayed at all times. The Meet Referee and Marshal(s) will enforce registration rules regarding coaches.** Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

DIVISIONS: 8&Under, 11-12, 12&Under, 13&Over

RULES: Current USA Swimming and Hawaiian Swimming rules will govern meet.

FORMAT: Cardless, timed finals, using semi-automatic timing system (3 buttons) with manual watch backup. The four (4) hour rule will be in effect for swimmers in the 12 and Under age groups.

EVENTS: See attached.

ELIGIBILITY: All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or disk file. **No deck registration will be accepted and all new registrations must be mailed directly to the LSC Registrar and postmarked no later than 5 days before the meet date.**

ENTRIES: Swimmers may swim a total of four (4) individual events per day, plus relays.

ENTRY FEES: **\$2.00 per Individual event. \$5.00 per Relay event.**

Please make checks payable to **Swim Kauai Aquatics**.

Entry fees must accompany entries. No refunds will be made.

DEADLINE: **Entries must be RECEIVED NO LATER than Monday, September 15, 2008 (5 days prior to meet).** No late entries or deck entries will be accepted at the meet.

Email entries to: jmr44@hawaii.rr.com
or Mail entries to: John Ross (Tel: 808-212-1592)
4926 Kua Road
Kalaheo, HI 96741

CHECK-IN: Check-In sheets will be given to the coaches for verification. **Coaches will need to personally present their credentials to pick up heat sheets from the Clerk of Course; exceptions shall be directed to the Meet Referee.** Coaches are to verify their swimmers and scratch events as appropriate. Sheets must be returned to the Clerk of the Course one (1) hour before the start of each session. Scratches for Session 1 are due by 8:15am. Relay scratch sheets will be due to the Clerk of Course by 9:30 a.m.

AWARDS: No awards will be given.

RESULTS: Hard copy of meet results will be provided upon request only.

OFFICIALS: Each team is required to provide one (1) official for every five (5) swimmers entered in the meet. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers are considered officials.

MEET REFEREE: Kim Hester

MEET DIRECTOR: Charlotte Ross email: cdross_18@hotmail.com
phone: 808-212-1592

MARSHAL(S): Meet Marshal(s) will be designated by the Meet Referee and/or Meet Director.

HOSPITALITY: Refreshments will be available for working officials, timers, and coaches during the meet.

CONCESSIONS: A concession will be available during the meet.

ADDITIONAL INFO: *

- * ONLY OFFICIALS, VOLUNTEER TIMERS, COACHES AND SWIMMERS MAY BE ON THE DECK. Swimmers should return to their team area soon after they have completed their events and meet with their coach.
- * POOL RULES WILL BE STRICTLY ENFORCED
- * NO GLASS inside the pool area.
- * Use of cell phones, cameras, and other recording devices in bathrooms/locker rooms is STRICTLY PROHIBITED.

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Warm-up: 8:15AM- Meet Start 9:15AM

GIRLS	AGE GROUP	STROKE	BOYS
1	8 & Under	200 FREE RELAY	2
3	12 & Under	200 FREE RELAY	4
5	13 & Over	200 FREE RELAY	6
7	13 & Over	1000 FREE	8
9	13 & Over	400 IM	10
11	12 & Under	50 BACK	12
13	13 & Over	200 BACK	14
15	8 & Under	25 BREAST	16
17	12 & Under	100 BREAST	18
19	13 & Over	100 BREAST	20
21	8 & Under	25 FLY	22
23	12 & Under	100 FLY	24
25	13 & Over	100 FLY	26
27	12 & Under	50 FREE	28
29	13 & Over	100 FREE	30
31	12 & Under	200 FREE	32
33	12 & Under	100 IM	34
35	13 & Over	200 IM	36
37	13 & Over	500 FREE	38
39	12 & Under	50 FLY	40
41	13 & Over	200 FLY	42
43	12 & Under	50 BREAST	44
45	13 & Over	200 BREAST	46
47	8 & Under	25 FREE	48
49	12 & Under	100 FREE	50
51	13 & Over	50 FREE	52
53	8 & Under	25 BACK	54
55	12 & Under	100 BACK	56
57	13 & Over	100 BACK	58
59	12 & Under	200 IM	60
61	13 & Over	200 FREE	62
63	11 - 12	500 FREE	64
65	8 & Under	200 MEDLEY RELAY	66
67	12 & Under	200 MEDLEY RELAY	68
69	13 & Over	200 MEDLEY RELAY	70