

**October Fest Weekend
Senior Division and
Age Group Distance Meet
Duke Kahanamoku Aquatic Complex
October 10-11, 2008**

- SPONSOR:** Hawaiian Swimming
- SANCTION:** Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No: **HI20081010-HISS**
- DATE:** Friday, October 10, 2008
Saturday, October 11, 2008
- POOL SITE:** Duke Kahanamoku Aquatics Complex - University of Hawaii
1337 Lower Campus Road
Honolulu, HI 96822
- COURSE:** Short Course, 25 yards, 8 Lanes
- TIME:** Friday, October 10:
Session 1 (Senior):
Warm Up: 4:30 PM; Start: 5:30 PM
Saturday, October 11:
Session 2 (Senior):
Warm Up: 7:30 AM; Start: 8:30 AM
Session 3 (Senior and Age Group):
Warm Up: TBD;
Start: Approximately 30 minutes after the conclusion of Session 2
- RULES:** Current USA Swimming and Hawaiian Swimming rules will govern meet.
- FORMAT:** Timed finals, using automatic electronic timing system with buttons and manual stopwatch backup. The "four (4) hour rule" will be in effect for swimmers of age 12 and under.
- DIVISION:** Senior Division: Session 1, 2, 3 (events 25 and 26 only).
Age Group Division: Session 3 (events 27 through 34).
- EVENTS:** See attached.

ELIGIBILITY:Senior Division:

Minimum age of 12 is required for entry into any Senior Division event. Swimmers must have achieved the Hawaiian Swimming Senior Program "B" time standard in events entered. The Hawaiian Swimming Senior Program "A" time standard is required for entry into the 400 IM, 500 Free, 1000 Free, and 1650 Free.

Age Group Division:

- Swimmers of age 11-12 must have achieved the 11-12 HI-AA time standard in the 200 M/Y Free for entry into the 500 Y Free.
- Swimmers of age 13-18 must have achieved the 13-14 HI-AA time standard in the 200 M/Y Free for entry into the 500 Y Free.
- Swimmers of age 12-18 must have achieved the 13-14 HI-AA time in the 400/500 Free M/Y for entry into the 1000 or 1650 Y Free.
- Swimmers of age 12-18 must have achieved the 13-14 HI-AA time standard in 200 IM for entry in the 400 IM.

All swimmers must be currently USA Swimming registered and their registration numbers must be included in the master entry file. No deck registration will be accepted. New registrations must be mailed directly to the LSC Registrar and postmarked no later than five (5) days prior to the meet date.

ENTRIES:Senior Division:

Swimmers may enter a maximum of three (3) individual events per day. Session 1, and Session 2 and Session 3 - events 25 and 26.

Age Group Division:

Swimmers may enter a maximum of one (1) individual event in Session 3 - events 27 through 34.

Swimmers 12 and under may compete in only one (1) session per day.

Swimmers entered in both the Senior Division and Age Group Division may not enter in the same distance event type (400 IM, 500 Free, 1000 Free, and 1650 Free) more than once during the meet and may not enter more than one (1) event in Session 3.

Conforming course entries will be priority seeded followed by non-conforming course entries.

Entries must be submitted electronically and include the 'Teams Report' (in the Hy-Tek Administrative report menu) and the 'Meet Entry Fees Report' (in the Performance-4.0 or Meet Reports-5.0 report menus.) The 'Team Report' MUST include coach and entry person contact information.

ENTRY FEES:

\$4.00 per individual event. Entry fees are due at check-in. No refunds will be made.

Please make checks payable to: **HAWAIIAN SWIMMING**

ENTRY DEADLINE: Entries must be received by Wednesday, October 8, 2008. **All entries must be submitted using the Hy-Tek's Team Manager program and include entry reports listed in Entires section.** No late entries will be accepted at the meet.

E-mail: Dean Schmaltz - deanschmaltz@hawaii.rr.com.

CHECK-IN: Coaches shall present their credentials to pick up check-in sheets; exceptions must see the meet referee. Coaches are to verify their swimmers' entries and scratch events as appropriate. Check-in sheets must be returned to the Clerk of Course 45 minutes before the start of each session.

WARM-UP: Warm-ups must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Marshals will enforce registration rules regarding coaches. Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

AWARDS: Senior Division: is a non-award division.

Age Group Division: Ribbons, 1st - 8th, for 11-12, 12, 13-14, 15-16, 17-18.

LAP COUNTERS: For any individual freestyle event of 16 lengths or more, a swimmer may appoint one person to count laps. During these events, the lap counter shall be used for the purpose of counting laps either in ascending or descending order. Other uses of the lap counter are prohibited. Only one (1) counter per lane will be allowed.

OFFICIALS: For every five (5) swimmers entered in a meet, each entering group member will be responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers count as officials for this requirement. **Teams may be assigned lane timers and Distance swimmers (Session 3) may be required to provide their own timers.**

MEET REFEREE: Dave Coleman

MEET DIRECTOR: Victor Wales
E-mail: vwales@hawaii.edu
Phone: 956-5377 (Oahu)

VOLUNTEERS: LSC hosted meets are run by the participating teams. As such we are all needed to contribute resources to making the meet happen. In addition to timers and/or officials required from each entering team help is needed for the setup, operation, and takedown aspects of the meet. These include but are not limited to: setting up and dismantling of the tarps and timing equipment, hospitality assistance, cleaning of the bathrooms, disposing of trash, etc. Each team's attention to and preparation for these efforts is very much appreciated.

HOSPITALITY: Refreshments will be available for Officials and Coaches during the meet.

CONCESSION: No concession will be available.

ADDITIONAL INFO:

- Parking Fee is \$3.00 per day.
- USE OF CELL PHONES, CAMERAS, AND OTHER RECORDING DEVICES IN BATHROOMS AND LOCKER ROOMS IS STRICTLY PROHIBITED.
- POOLS RULES WILL BE STRICTLY ENFORCED.

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Friday, October 10, 2008

Session 1 – Timed Finals

Warm-up: 4:30 PM

Start of Competition: 5:30 PM

<u>Women</u>	<u>Event</u>	<u>Men</u>
1	200 Individual Medley	2
3	500 Freestyle*	4
5	100 Breaststroke	6
7	200 Backstroke	8
9	100 Freestyle	10
11	200 Butterfly	12

Saturday, October 11, 2008

Session 2 – Timed Finals

Warm-up: 7:30 AM

Start of Competition: 8:30 AM

<u>Women</u>	<u>Event</u>	<u>Men</u>
13	200 Freestyle	14
15	400 Individual Medley*	16
17	100 Butterfly	18
19	200 Breaststroke	20
21	100 Backstroke	22
23	50 Freestyle	24

Saturday, October 11, 2008

Session 3 – Timed Finals

Warm-up: During Session 2

Start of Competition:

Approximately 30 minutes after the conclusion of Session 2.

<u>Girls</u>	<u>Event</u>	<u>Men</u>
25**	1650 Freestyle - Senior*	26**
27**	1650 Freestyle - Age Group*	28**
29	400 Individual Medley*	30
31	500 Freestyle*	32
33	1000 Freestyle*	34

*400 IM , 500 Free, 1000 Free, and 1650 Free to be seeded and swum fastest to slowest alternating women and men. Partial heats may be combined by the meet referee and swum last.

** Events 25 & 27, and 26 & 28 may be combined by the meet referee.

Sunday, October 12, 2008

Open Water Race – Kaimana Beach

See separate OWR notice for race details.