

HAWAIIAN SWIMMING
“Spring Fling” Senior Meet (LCM)
Duke Kahanamoku Aquatics Complex
Friday, April 17, 2009

- SPONSOR:** Hawaiian Swimming
- SANCTION:** Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20090417-HISS**
- DATE:** Friday, April 17, 2009
- POOL SITE:** Duke Kahanamoku Aquatics Complex - University of Hawaii
1337 Lower Campus Road
Honolulu, HI 96822
- COURSE:** Long Course, 50 meters, 8 Lanes
- TIME:** Warm Up: 4:30PM-5:45PM
Scratches Due: 5:15PM
Meet Start: 6:00PM
- CHECK-IN/
SCRATCHES:** Scratch sheets will be given to coaches for verification. Coaches will need to present their credentials to pick up scratch sheets; exceptions must see the meet referee. Coaches are to verify their swimmers' entries and scratch events as appropriate. Scratch sheets must be returned to the Clerk of Course 45 minutes before the start of each session.
- WARM-UP:** Warm-ups must be supervised by a USA swimming registered “Coach Member” following guidelines established by the LSC. Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Marshals will enforce registration rules regarding coaches. Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.
- DIVISION:** Senior
- RULES:** Current USA Swimming and Hawaiian Swimming rules will govern meet.
- FORMAT:** Timed finals, using automatic electronic timing system with buttons and manual stopwatch backup.
- EVENTS:** Event list attached.
- ELIGIBILITY:** Minimum age of 12 is required for entry into any event. The Hawaiian Swimming Senior Program “B” time standard is required for entry into events of 200Y/M or shorter.

All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or entry file. No deck registration will be accepted. **All new registrations must be mailed directly to the LSC Registrar and postmarked no later than 5 days before the meet date.**

Note: It is the legal responsibility of each club to ensure that each swimmer entered is USA Swimming registered for the current year.

ENTRIES: Entries must be submitted electronically and include the 'Teams Report' (in the Hy-Tek Administrative report menu) and the 'Meet Entry Fees Report' (in the Hy-tek Performance-4.0 or Meet Reports-5.0 report menus.) The 'Team Report' MUST include coach and entry person contact information.

Swimmers may enter a maximum of three (3) individual events.

Non-conforming course entries will be converted prior to seeding of heats by the meet management software.

ENTRY FEES: \$4.00 per individual event.

Please make checks payable to: **HAWAIIAN SWIMMING**

ENTRY DEADLINE: Entries must be received by Wednesday, April 15, 2009. No late entries will be accepted at the meet.

E-mail entries to: sakai004@hawaiiantel.net
Edna Sakai - (808)554-0446

OFFICIALS: For every five (5) swimmers entered in a meet, each entering group member will be responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers count as officials for this requirement.

MEET REFEREE: Marcelle Arakaki

MEET DIRECTOR: Merri Wada (E-mail: merriwada@hotmail.com, Phone: 808-265-1687)

VOLUNTEERS: Local senior meets are run by the participating teams. As such we are all needed to contribute resources to making the meet happen. In addition to timers and/or officials required from each entering team help is needed for the setup, operation, and takedown aspects of the meet. These include but are not limited to: setting up and dismantling of the tarps and timing equipment, hospitality assistance, cleaning of the bathrooms, disposing of trash, etc. Each team's attention to and preparation for these efforts is very much appreciated.

HOSPITALITY: Refreshments will be available for Officials and Coaches during the meet.

CONCESSION: N/A

ADDITIONAL INFO: - There is a parking fee of \$3.00 per day, if parking on campus (or in parking structure).

- POOLS RULES WILL BE STRICTLY ENFORCED.

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(Competition area will be cleared at 5:45 PM)

WOMEN	EVENTS	MEN
1	200 I.M.	2
3	100 FLY	4
5	200 BACK	6
7	100 FREE	8
9	100 BREAST	10
11	200 FLY	12
13	200 FREE	14
15	100 BACK	16
17	200 BREAST	18
19	50 FREE	20