

2009 U.S. Open Time Standards

Women			2009 U.S. Open		Men	
LCM	SCM	SCY	Event	SCY	SCM	LCM
26.59	25.99	22.99	50 Fr	20.29	22.99	23.59
57.29	57.19	50.19	100 Fr	44.49	50.69	51.79
2:03.69	2:04.39	1:48.29	200 Fr	1:38.09	1:51.69	1:53.39
4:19.49	4:21.59	4:47.79	400 Fr	4:25.29	3:57.29	4:01.29
8:55.19	8:56.19	9:58.89	800 Fr	9:16.89	8:17.99	8:23.09
17:06.69	17:10.99	16:30.59	1500 Fr	15:30.69	15:44.49	16:02.49
1:04.69	1:02.69	55.79	100 Bk	49.59	55.09	58.29
2:19.09	2:14.69	2:00.09	200 Bk	1:47.89	1:59.99	2:06.29
1:12.79	1:10.79	1:03.19	100 Br	55.89	1:03.09	1:05.29
2:37.19	2:32.09	2:16.69	200 Br	2:01.69	2:16.39	2:22.09
1:02.49	1:01.49	54.99	100 Fl	48.59	54.69	55.69
2:16.89	2:15.39	2:00.69	200 Fl	1:48.59	2:01.39	2:04.09
2:20.69	2:19.69	2:01.79	200 IM	1:49.69	2:03.99	2:07.99
4:56.99	4:53.09	4:19.79	400 IM	3:58.29	4:24.59	4:33.09
3:54.79	3:51.89	3:28.39	400 Fr-Rel	3:02.19	3:26.79	3:29.89
8:25.89	8:26.19	7:25.49	800 Fr-Rel	6:46.99	7:38.39	7:44.99
4:19.39	4:15.19	3:50.39	400 Med-Rel	3:24.09	3:45.49	3:52.49

Qualifying Period June 29, 2008 to entry deadline

Bonus Events

Women			18 & Under Only		Men	
LCM	SCM	SCY	Event	SCY	SCM	LCM
26.99	26.29	23.39	50 Fr	20.89	23.49	24.29
58.59	56.99	51.09	100 Fr	45.89	51.89	53.09
2:06.19	2:02.99	1:50.09	200 Fr	1:40.69	1:53.39	1:55.89
4:24.69	4:18.29	4:52.99	400 Fr	4:33.69	4:00.79	4:07.09
9:03.49	8:50.69	10:05.99	800 Fr	9:26.09	8:19.49	8:35.59
17:20.49	16:58.49	16:48.49	1500 Fr	15:51.49	15:51.49	16:15.49
1:05.69	1:04.49	56.19	100 Bk	51.39	55.99	1:00.09
2:20.99	2:18.59	2:01.19	200 Bk	1:51.39	2:01.99	2:09.59
1:14.29	1:12.29	1:04.29	100 Br	57.89	1:05.09	1:07.79
2:39.99	2:34.99	2:17.99	200 Br	2:06.29	2:18.09	2:27.59
1:03.59	1:02.19	55.59	100 Fl	50.29	55.99	57.39
2:19.69	2:16.89	2:02.49	200 Fl	1:51.99	2:05.59	2:08.39
2:23.09	2:19.89	2:03.49	200 IM	1:52.79	2:08.19	2:11.39
5:02.09	4:55.69	4:20.79	400 IM	3:59.89	4:32.59	4:38.99

Qualifying Period June 29, 2008 to entry deadline