

**SCM - 2008/09 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCM**

HI-C+			HI-B			HI-A			GIRLS			8 & U			BOYS			HI-A			HI-B			HI-C+		
0:27.54	0:27.53	0:25.00										<b>25 Free</b>						0:25.41	0:28.01	0:28.02				0:28.02	0:28.01	0:28.02
0:55.08	0:55.07	0:49.98										<b>50 Free</b>						0:50.82	0:55.98	0:55.99				0:55.99	0:55.98	0:55.99
0:33.11	0:33.10	0:30.07										<b>25 Back</b>						0:30.81	0:33.92	0:33.93				0:33.93	0:33.92	0:33.93
1:06.21	1:06.20	1:00.13										<b>50 Back</b>						1:01.63	1:07.87	1:07.88				1:07.88	1:07.87	1:07.88
0:36.56	0:36.55	0:33.18										<b>25 Breast</b>						0:34.59	0:38.11	0:38.12				0:38.12	0:38.11	0:38.12
1:13.13	1:13.12	1:06.37										<b>50 Breast</b>						1:09.19	1:16.20	1:16.21				1:16.21	1:16.20	1:16.21
0:30.96	0:30.95	0:28.09										<b>25 Fly</b>						0:29.30	0:32.27	0:32.28				0:32.28	0:32.27	0:32.28
1:01.89	1:01.88	0:56.20										<b>50 Fly</b>						0:58.61	1:04.54	1:04.55				1:04.55	1:04.54	1:04.55
<b>HI-C+</b>	<b>HI-B</b>	<b>HI-A</b>	<b>HI-AA</b>	<b>QUAL</b>	<b>ZONE</b>	<b>10 &amp; U</b>	<b>ZONE</b>	<b>QUAL</b>	<b>HI-AA</b>	<b>HI-A</b>	<b>HI-B</b>	<b>HI-C+</b>														
0:49.99	0:49.98	0:46.08	0:42.17	0:38.26	0:32.49	<b>50 Free</b>	0:32.29	0:38.91	0:42.88	0:46.85	0:50.82	0:50.83														
1:49.30	1:49.29	1:40.77	1:32.23	1:23.71	1:10.69	<b>100 Free</b>	1:11.19	1:25.63	1:34.35	1:43.07	1:51.80	1:51.81														
4:02.70	4:02.69	3:43.78	3:24.86	3:05.95	2:35.89	<b>200 Free</b>	2:34.89	3:06.75	3:44.74	4:03.73	4:03.73	4:03.74														
1:00.14	1:00.13	0:55.46	0:50.78	0:46.12	0:38.79	<b>50 Back</b>	0:38.89	0:47.26	0:52.06	0:56.84	1:01.63	1:01.64														
2:09.65	2:09.64	1:59.57	1:49.50	1:39.44	1:23.69	<b>100 Back</b>	1:23.89	1:40.67	1:50.86	2:01.05	2:11.24	2:11.25														
1:06.38	1:06.37	1:01.18	0:56.00	0:50.82	0:43.29	<b>50 Breast</b>	0:43.99	0:52.99	0:58.39	1:03.78	1:09.19	1:09.20														
2:24.92	2:24.91	2:13.61	2:02.31	1:51.01	1:34.69	<b>100 Breast</b>	1:35.89	1:55.35	2:07.08	2:18.82	2:30.55	2:30.56														
0:56.21	0:56.20	0:51.81	0:47.44	0:43.07	0:36.09	<b>50 Fly</b>	0:36.09	0:44.92	0:49.48	0:54.05	0:58.61	0:58.62														
2:11.29	2:11.28	2:01.07	1:40.87	1:40.65	1:23.69	<b>100 Fly</b>	1:23.09	1:44.85	1:55.48	2:06.11	2:16.73	2:16.74														
2:09.13	2:09.12	1:59.05	1:49.00	1:38.95		<b>100 IM</b>		1:41.62	1:51.94	2:02.26	2:12.58	2:12.59														
4:32.32	4:32.31	4:11.10	3:49.90	3:28.71	2:55.39	<b>200 IM</b>	2:56.39	3:32.43	3:53.99	4:15.56	4:37.11	4:37.12														
<b>HI-C+</b>	<b>HI-B</b>	<b>HI-A</b>	<b>HI-AA</b>	<b>QUAL</b>	<b>ZONE</b>	<b>11/12</b>	<b>ZONE</b>	<b>QUAL</b>	<b>HI-AA</b>	<b>HI-A</b>	<b>HI-B</b>	<b>HI-C+</b>														
0:42.77	0:42.76	0:39.42	0:36.05	0:32.70	0:28.59	<b>50 Free</b>	0:28.79	0:33.93	0:37.41	0:40.88	0:44.36	0:44.37														
1:34.43	1:34.42	1:27.04	1:19.64	1:12.26	1:03.09	<b>100 Free</b>	1:02.69	1:14.26	1:21.85	1:29.43	1:37.03	1:37.04														
3:25.46	3:25.45	3:09.40	2:53.35	2:37.30	2:17.39	<b>200 Free</b>	2:16.59	2:41.99	2:58.51	3:15.03	3:31.54	3:31.55														
7:13.31	7:13.30	6:39.47	6:05.65	5:31.82	4:50.09	<b>400 Free</b>	4:49.19	5:42.87	6:17.80	6:52.72	7:27.66	7:27.67														
0:50.83	0:50.82	0:46.85	0:42.90	0:38.95	0:33.99	<b>50 Back</b>	0:34.29	0:40.69	0:44.82	0:48.95	0:53.08	0:53.09														
1:49.36	1:49.35	1:40.84	1:32.34	1:23.83	1:12.99	<b>100 Back</b>	1:13.89	1:27.40	1:36.27	1:45.13	1:53.99	1:54.00														
0:56.70	0:56.69	0:52.26	0:47.82	0:43.38	0:37.59	<b>50 Breast</b>	0:37.29	0:44.18	0:48.70	0:53.21	0:57.74	0:57.75														
2:03.58	2:03.57	1:53.91	1:44.25	1:34.58	1:22.09	<b>100 Breast</b>	1:22.49	1:37.58	1:47.54	1:57.49	2:07.45	2:07.46														
0:47.61	0:47.60	0:43.88	0:40.17	0:36.45	0:31.69	<b>50 Fly</b>	0:31.79	0:37.64	0:41.47	0:45.31	0:49.14	0:49.15														
1:47.44	1:47.43	1:39.05	1:30.68	1:22.31	1:11.09	<b>100 Fly</b>	1:11.49	1:24.86	1:33.48	1:42.12	1:50.76	1:50.77														
1:48.18	1:48.17	1:39.73	1:31.29	1:22.85		<b>100 IM</b>		1:25.85	1:34.59	1:43.33	1:52.07	1:52.08														
3:52.58	3:52.57	3:34.43	3:16.30	2:58.17	2:35.59	<b>200 IM</b>	2:35.79	3:04.05	3:22.77	3:41.50	4:00.23	4:00.24														
<b>HI-B</b>	<b>HI-A</b>	<b>HI-AA</b>	<b>QUAL</b>	<b>ZONE</b>	<b>SECT</b>	<b>13/14</b>	<b>SECT</b>	<b>ZONE</b>	<b>QUAL</b>	<b>HI-AA</b>	<b>HI-A</b>	<b>HI-B</b>														
0:40.66	0:37.46	0:34.28	0:31.09	0:28.09	0:28.01	<b>50 Free</b>	0:25.11	0:26.49	0:29.77	0:32.82	0:35.88	0:38.94														
1:28.05	1:21.15	1:14.26	1:07.35	1:01.09	1:00.52	<b>100 Free</b>	0:54.74	0:57.39	1:04.47	1:11.07	1:17.68	1:24.29														
3:10.12	2:55.25	2:40.38	2:25.51	2:11.89	2:10.40	<b>200 Free</b>	1:59.64	2:04.89	2:20.83	2:35.22	2:49.63	3:04.03														
6:39.85	6:08.60	5:37.35	5:06.10	4:37.59	4:33.13	<b>400 Free</b>	4:15.20	4:25.59	5:00.02	5:30.66	6:01.30	6:31.95														
13:55.75	12:50.48	11:45.20	10:39.93	9:38.89	9:25.26	<b>800 Free</b>	8:57.79	9:15.69	10:25.14	11:28.94	12:32.73	13:36.52														
26:43.62	24:38.41	22:33.21	20:28.01	18:31.69	18:06.22	<b>1500 Free</b>	17:12.02	17:42.09	19:54.78	21:56.65	23:58.53	26:00.41														
1:43.91	1:35.83	1:27.73	1:19.65	1:10.39	1:06.53	<b>100 Back</b>	1:02.60	1:06.89	1:16.53	1:24.32	1:32.09	1:39.86														
3:37.66	3:20.73	3:03.80	2:46.88	2:30.89	2:28.18	<b>200 Back</b>	2:15.93	2:23.49	2:41.67	2:58.08	3:14.48	3:30.89														
1:55.77	1:46.72	1:37.66	1:28.60	1:18.89	1:17.78	<b>100 Breast</b>	1:09.41	1:13.99	1:24.97	1:33.67	1:42.36	1:51.07														
4:05.23	3:46.06	3:26.89	3:07.72	2:50.09	2:47.98	<b>200 Breast</b>	2:34.56	2:41.39	3:01.80	3:20.38	3:38.96	3:57.54														
1:40.36	1:32.53	1:24.70	1:16.88	1:08.19	1:06.53	<b>100 Fly</b>	1:00.37	1:03.79	1:13.15	1:20.60	1:28.06	1:35.52														
3:40.27	3:23.11	3:05.95	2:48.79	2:32.69	2:28.18	<b>200 Fly</b>	2:15.93	2:24.19	2:42.16	2:58.67	3:15.16	3:31.67														
3:37.15	3:20.20	3:03.25	2:46.30	2:30.79	2:27.66	<b>200 IM</b>	2:14.70	2:21.89	2:39.30	2:55.55	3:11.80	3:28.05														
7:41.92	7:05.88	6:29.87	5:53.83	5:19.39	5:11.73	<b>400 IM</b>	4:48.94	5:02.19	5:41.13	6:15.88	6:50.63	7:25.39														
<b>HI-B</b>	<b>HI-A</b>	<b>HI-AA</b>	<b>QUAL</b>	<b>ZONE</b>	<b>SECT</b>	<b>15/16</b>	<b>SECT</b>	<b>ZONE</b>	<b>QUAL</b>	<b>HI-AA</b>	<b>HI-A</b>	<b>HI-B</b>														
0:40.04	0:36.90	0:33.76	0:30.61	0:28.19	0:28.01	<b>50 Free</b>	0:25.11	0:25.49	0:27.59	0:30.44	0:33.27	0:36.11														
1:27.40	1:20.55	1:13.70	1:06.87	1:01.29	1:00.52	<b>100 Free</b>	0:54.74	0:55.89	1:00.48	1:06.70	1:12.90	1:19.12														
3:08.29	2:53.56	2:38.83	2:24.10	2:12.39	2:10.40	<b>200 Free</b>	1:59.64	2:02.59	2:12.55	2:26.12	2:39.70	2:53.27														
6:37.80	6:06.70	5:35.61	5:04.52	4:38.29	4:33.13	<b>400 Free</b>	4:15.20	4:20.39	4:43.03	5:11.97	5:40.92	6:09.86														
13:40.04	12:35.98	11:31.91	10:27.84	9:40.89	9:25.26	<b>800 Free</b>	8:57.79	9:08.09	9:52.32	10:52.82	11:53.34	12:53.85														
26:26.80	24:22.89	22:18.98	20:15.07	18:37.49	18:06.22	<b>1500 Free</b>	17:12.02	17:39.69	19:14.38	21:12.22	23:10.05	25:07.89														
1:40.30	1:32.49	1:24.68	1:16.88	1:10.69	1:06.53	<b>100 Back</b>	1:02.60	1:04.99	1:10.72	1:17.91	1:25.10	1:32.30														
3:35.91	3:19.11	3:02.32	2:45.53	2:32.29	2:28.18	<b>200 Back</b>	2:15.93	2:21.39	2:33.76	2:49.37	3:04.99	3:20.60														
1:52.20	1:43.42	1:34.64	1:25.85																							