

## SCY - 2008/09 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCY

HI-C+    HI-B    HI-A			GIRLS			8 & U			BOYS			HI-A    HI-B    HI-C+		
0:24.81	0:24.80	0:22.52				<b>25 Free</b>						0:22.89	0:25.23	0:25.24
0:49.62	0:49.61	0:45.03				<b>50 Free</b>						0:45.78	0:50.43	0:50.44
0:29.83	0:29.82	0:27.09				<b>25 Back</b>						0:27.76	0:30.56	0:30.57
0:59.65	0:59.64	0:54.17				<b>50 Back</b>						0:55.52	1:01.14	1:01.15
0:32.94	0:32.93	0:29.89				<b>25 Breast</b>						0:31.16	0:34.33	0:34.34
1:05.88	1:05.87	0:59.79				<b>50 Breast</b>						1:02.33	1:08.65	1:08.66
0:27.89	0:27.88	0:25.31				<b>25 Fly</b>						0:26.40	0:29.07	0:29.08
0:55.76	0:55.75	0:50.63				<b>50 Fly</b>						0:52.80	0:58.14	0:58.15
HI-C+    HI-B    HI-A    HI-AA    QUAL    ZONE				10 & U						HI-A    HI-B    HI-C+				
0:45.04	0:45.03	0:41.51	0:37.99	0:34.47	0:29.29	<b>50 Free</b>	0:29.09	0:35.05	0:38.63	0:42.21	0:45.78	0:45.79		
1:38.47	1:38.46	1:30.78	1:23.09	1:15.41	1:03.69	<b>100 Free</b>	1:04.09	1:17.14	1:25.00	1:32.86	1:40.72	1:40.73		
3:38.65	3:38.64	3:21.60	3:04.56	2:47.52	2:20.39	<b>200 Free</b>	2:19.59	2:48.24	3:05.35	3:22.47	3:39.58	3:39.59		
0:54.18	0:54.17	0:49.96	0:45.75	0:41.55	0:34.99	<b>50 Back</b>	0:35.09	0:42.58	0:46.90	0:51.21	0:55.52	0:55.53		
1:56.80	1:56.79	1:47.72	1:38.65	1:29.59	1:15.39	<b>100 Back</b>	1:15.59	1:30.69	1:39.87	1:49.05	1:58.23	1:58.24		
0:59.80	0:59.79	0:55.12	0:50.45	0:45.78	0:39.09	<b>50 Breast</b>	0:39.69	0:47.74	0:52.60	0:57.46	1:02.33	1:02.34		
2:10.56	2:10.55	2:00.37	1:50.19	1:40.01	1:25.29	<b>100 Breast</b>	1:26.39	1:43.92	1:54.49	2:05.06	2:15.63	2:15.64		
0:50.64	0:50.63	0:46.68	0:42.74	0:38.80	0:32.49	<b>50 Fly</b>	0:32.59	0:40.47	0:44.58	0:48.69	0:52.80	0:52.81		
1:58.28	1:58.27	1:49.07	1:39.88	1:30.68	1:15.39	<b>100 Fly</b>	1:14.79	1:34.46	1:44.04	1:53.61	2:03.18	2:03.19		
1:56.33	1:56.32	1:47.25	1:38.20	1:29.14		<b>100 IM</b>		1:31.55	1:40.85	1:50.14	1:59.44	1:59.45		
4:05.33	4:05.32	3:46.22	3:27.12	3:08.03	2:37.99	<b>200 IM</b>	2:38.89	3:11.38	3:30.80	3:50.23	4:09.65	4:09.66		
HI-C+    HI-B    HI-A    HI-AA    QUAL    ZONE				11/12						HI-A    HI-B    HI-C+				
0:38.53	0:38.52	0:35.51	0:32.48	0:29.46	0:25.99	<b>50 Free</b>	0:25.99	0:30.57	0:33.70	0:36.83	0:39.96	0:39.97		
1:25.07	1:25.06	1:18.41	1:11.75	1:05.10	0:56.79	<b>100 Free</b>	0:56.39	1:06.90	1:13.74	1:20.57	1:27.41	1:27.42		
3:05.10	3:05.09	2:50.63	2:36.17	2:21.71	2:03.79	<b>200 Free</b>	2:03.09	2:25.94	2:40.82	2:55.70	3:10.58	3:10.59		
8:11.55	8:11.54	7:32.88	6:54.23	6:15.57	5:32.19	<b>500 Free</b>	5:31.19	6:28.19	7:08.11	7:48.02	8:27.95	8:27.96		
0:45.79	0:45.78	0:42.21	0:38.65	0:35.09	0:30.59	<b>50 Back</b>	0:30.89	0:36.66	0:40.38	0:44.10	0:47.82	0:47.83		
1:38.52	1:38.51	1:30.85	1:23.19	1:15.52	1:05.79	<b>100 Back</b>	1:06.59	1:18.74	1:26.73	1:34.71	1:42.69	1:42.70		
0:51.08	0:51.07	0:47.08	0:43.08	0:39.08	0:33.89	<b>50 Breast</b>	0:33.59	0:39.80	0:43.87	0:47.94	0:52.02	0:52.03		
1:51.33	1:51.32	1:42.62	1:33.92	1:25.21	1:13.99	<b>100 Breast</b>	1:14.29	1:27.91	1:36.88	1:45.85	1:54.82	1:54.83		
0:42.89	0:42.88	0:39.53	0:36.19	0:32.84	0:28.49	<b>50 Fly</b>	0:28.69	0:33.91	0:37.36	0:40.82	0:44.27	0:44.28		
1:36.79	1:36.78	1:29.23	1:21.69	1:14.15	1:03.99	<b>100 Fly</b>	1:04.39	1:16.45	1:24.22	1:32.00	1:39.78	1:39.79		
1:37.46	1:37.45	1:29.85	1:22.24	1:14.64		<b>100 IM</b>		1:17.34	1:25.22	1:33.09	1:40.96	1:40.97		
3:29.53	3:29.52	3:13.18	2:56.85	2:40.51	2:20.19	<b>200 IM</b>	2:20.39	2:45.81	3:02.68	3:19.55	3:36.42	3:36.43		

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HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	13/14	SECT	ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.63	0:33.75	0:30.88	0:28.01	0:25.39	0:25.10	<b>50 Free</b>	0:22.49	0:23.89	0:26.82	0:29.57	0:32.32	0:35.08
1:19.32	1:13.11	1:06.90	1:00.68	0:54.99	0:54.23	<b>100 Free</b>	0:49.05	0:51.69	0:58.08	1:04.03	1:09.98	1:15.94
2:51.28	2:37.88	2:24.49	2:11.09	1:58.79	1:56.84	<b>200 Free</b>	1:47.20	1:52.49	2:06.87	2:19.84	2:32.82	2:45.79
7:33.31	6:57.60	6:21.89	5:46.17	5:18.19	5:12.19	<b>500 Free</b>	4:51.69	5:04.69	5:39.22	6:14.24	6:49.26	7:24.29
15:47.83	14:33.23	13:18.63	12:04.03	11:02.99	10:46.09	<b>1000 Free</b>	10:14.69	10:36.99	11:47.13	13:00.05	14:12.95	15:25.85
26:29.28	24:24.82	22:20.37	20:15.91	18:33.39	18:09.88	<b>1650 Free</b>	17:15.12	17:44.79	19:42.88	21:44.03	23:45.18	25:46.33
1:33.61	1:26.33	1:19.04	1:11.76	1:03.49	1:00.90	<b>100 Back</b>	0:56.09	1:00.19	1:08.95	1:15.96	1:22.96	1:29.96
3:16.09	3:00.84	2:45.59	2:30.34	2:15.89	2:11.05	<b>200 Back</b>	2:01.79	2:09.29	2:25.65	2:40.43	2:55.21	3:09.99
1:44.30	1:36.14	1:27.98	1:19.82	1:10.99	1:09.69	<b>100 Breast</b>	1:02.19	1:06.69	1:16.55	1:24.39	1:32.22	1:40.06
3:40.93	3:23.66	3:06.39	2:49.12	2:33.29	2:30.51	<b>200 Breast</b>	2:18.49	2:25.39	2:43.78	3:00.52	3:17.26	3:34.00
1:30.41	1:23.36	1:16.31	1:09.26	1:01.49	0:59.61	<b>100 Fly</b>	0:54.09	0:57.49	1:05.90	1:12.61	1:19.33	1:26.05
3:18.44	3:02.98	2:47.52	2:32.06	2:17.59	2:12.77	<b>200 Fly</b>	2:01.79	2:09.89	2:26.09	2:40.96	2:55.82	3:10.69
3:15.63	3:00.36	2:45.09	2:29.82	2:15.79	2:12.30	<b>200 IM</b>	2:00.69	2:07.79	2:23.51	2:38.15	2:52.79	3:07.43
6:56.14	6:23.68	5:51.23	5:18.77	4:47.69	4:39.31	<b>400 IM</b>	4:18.89	4:32.19	5:07.32	5:38.63	6:09.94	6:41.25

HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	15/16	SECT	ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.07	0:33.24	0:30.41	0:27.58	0:25.39	0:25.10	<b>50 Free</b>	0:22.49	0:22.99	0:24.86	0:27.42	0:29.97	0:32.53
1:18.74	1:12.57	1:06.40	1:00.24	0:55.19	0:54.23	<b>100 Free</b>	0:49.05	0:50.29	0:54.49	1:00.09	1:05.68	1:11.28
2:49.63	2:36.36	2:23.09	2:09.82	1:59.19	1:56.84	<b>200 Free</b>	1:47.20	1:50.39	1:59.41	2:11.64	2:23.87	2:36.10
7:30.97	6:55.43	6:19.90	5:44.37	5:18.99	5:12.19	<b>500 Free</b>	4:51.69	4:58.89	5:19.81	5:52.88	6:25.97	6:59.04
15:29.87	14:16.66	13:03.44	11:50.22	11:05.19	10:46.09	<b>1000 Free</b>	10:14.69	10:28.49	11:09.62	12:18.77	13:27.93	14:37.09
26:12.56	24:09.39	22:06.22	20:03.05	18:39.19	18:09.88	<b>1650 Free</b>	17:15.12	17:42.49	19:02.72	20:59.86	22:56.99	24:54.13
1:30.36	1:23.32	1:16.29	1:09.26	1:03.69	1:00.90	<b>100 Back</b>	0:56.09	0:58.59	1:03.71	1:10.19	1:16.67	1:23.15
3:14.51	2:59.38	2:44.25	2:29.13	2:17.19	2:11.05	<b>200 Back</b>	2:01.79	2:07.39	2:18.52	2:32.59	2:46.66	3:00.72
1:41.08	1:33.17	1:25.26	1:17.34	1:09.89	1:09.69	<b>100 Breast</b>	1:02.19	1:05.19	1:12.23	1:19.64	1:27.04	1:34.44
3:40.01	3:22.81	3:05.61	2:48.41	2:34.99	2:30.51	<b>200 Breast</b>	2:18.49	2:23.39	2:35.95	2:51.91	3:07.87	3:23.82
1:27.52	1:20.69	1:13.86	1:07.03	1:01.69	0:59.61	<b>100 Fly</b>	0:54.09	0:55.79	1:00.61	1:06.80	1:12.98	1:19.17
3:17.19	3:01.82	2:46.46	2:31.10	2:18.99	2:12.77	<b>200 Fly</b>	2:01.79	2:07.09	2:17.77	2:31.80	2:45.83	2:59.87
3:14.30	2:59.13	2:43.96	2:28.79	2:16.79	2:12.30	<b>200 IM</b>	2:00.69	2:05.39	2:15.95	2:29.83	2:43.72	2:57.60
6:49.87	6:17.89	5:45.91	5:13.94	4:49.19	4:39.31	<b>400 IM</b>	4:18.89	4:28.69	4:51.95	5:21.73	5:51.51	6:21.27

HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	17/18	SECT	ZONE	QUAL	HI-AA	HI-A	HI-B
0:36.29	0:33.35	0:31.00	0:28.65	0:26.19	0:25.10	<b>50 Free</b>	0:22.49	0:23.29	0:25.15	0:27.22	0:29.29	0:31.88
1:19.21	1:12.81	1:07.69	1:02.57	0:57.19	0:54.23	<b>100 Free</b>	0:49.05	0:51.09	0:55.47	1:00.02	1:04.57	1:10.26
2:54.01	2:39.97	2:28.74	2:17.51	2:04.29	1:56.84	<b>200 Free</b>	1:47.20	1:52.39	2:03.01	2:13.08	2:23.15	2:35.74
7:36.51	6:59.41	6:29.73	6:00.05	5:36.29	5:12.19	<b>500 Free</b>	4:51.69	5:08.59	5:29.68	5:56.93	6:24.18	6:58.25
16:08.24	14:49.65	13:46.78	12:43.91	11:41.59	10:46.09	<b>1000 Free</b>	10:14.69	10:48.39	11:40.47	12:38.27	13:36.06	14:48.30
26:55.00	24:44.56	23:00.20	21:15.84	19:54.89	18:09.88	<b>1650 Free</b>	17:15.12	18:16.69	19:44.16	21:21.18	22:58.21	24:59.49
1:33.67	1:26.15	1:20.14	1:14.12	1:07.99	1:00.90	<b>100 Back</b>	0:56.09	1:01.29	1:06.63	1:12.04	1:17.46	1:24.23
3:22.44	3:06.20	2:53.21	2:40.22	2:26.29	2:11.05	<b>200 Back</b>	2:01.79	2:14.19	2:25.04	2:36.82	2:48.59	3:03.32
1:45.33	1:36.83	1:30.03	1:23.23	1:15.69	1:09.69	<b>100 Breast</b>	1:02.19	1:07.89	1:14.18	1:20.26	1:26.33	1:33.93
3:49.69	3:31.17	3:16.36	3:01.54	2:45.59	2:30.51	<b>200 Breast</b>	2:18.49	2:30.59	2:44.52	2:57.97	3:11.42	3:28.23
1:30.55	1:23.26	1:17.43	1:11.60	1:05.09	0:59.61	<b>100 Fly</b>	0:54.09	0:57.29	1:02.17	1:07.24	1:12.32	1:18.66
3:29.55	3:12.72	2:59.26	2:45.79	2:32.09	2:12.77	<b>200 Fly</b>	2:01.79	2:15.99	2:26.72	2:38.66	2:50.60	3:05.53
3:15.60	2:59.83	2:47.23	2:34.63	2:21.89	2:12.30	<b>200 IM</b>	2:00.69	2:09.09	2:19.94	2:31.37	2:42.79	2:57.07
7:10.17	6:35.57	6:07.89	5:40.21	5:11.69	4:39.31	<b>400 IM</b>	4:18.89	4:44.39	5:10.15	5:35.42	6:00.70	6:32.29