

SCM - 2009/10 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCM

HI-C+			HI-B			HI-A			GIRLS			8 & U			BOYS			HI-A			HI-B			HI-C+								
0:27.54	0:27.53	0:25.00	0:49.99	0:49.98	0:46.08	0:42.17	0:38.26	0:32.49	50 Free	0:32.29	0:38.91	0:42.88	0:46.85	0:50.82	0:25.41	0:28.01	0:28.02	0:55.08	0:55.07	0:46.08	25 Free	1:11.19	1:25.63	1:34.35	1:43.07	1:51.80	0:55.98	0:55.98	0:55.99			
0:33.11	0:33.10	0:30.07	1:49.30	1:49.29	1:40.77	1:32.23	1:23.71	1:10.69	50 Free	2:34.89	3:06.75	3:25.74	3:44.74	4:03.73	0:30.81	0:33.92	0:33.93	0:36.56	0:36.55	0:33.18	50 Free	2:34.89	3:06.75	3:25.74	3:44.74	4:03.73	0:33.92	0:33.92	0:33.93			
1:06.21	1:06.20	0:55.46	1:00.14	1:00.13	0:55.46	0:50.78	0:46.12	0:38.79	25 Back	0:38.89	0:47.26	0:52.06	0:56.84	1:01.63	0:56.84	1:07.87	1:07.88	1:13.13	1:13.12	1:01.18	50 Back	1:23.89	1:40.67	1:50.86	2:01.05	2:11.24	1:07.87	1:07.87	1:07.88			
0:36.56	0:36.55	0:33.18	2:09.65	2:09.64	1:59.57	1:49.50	1:39.44	1:23.69	50 Back	1:43.99	0:52.99	0:58.39	1:03.78	1:09.19	0:34.59	0:38.11	0:38.12	0:30.96	0:30.95	0:28.09	50 Back	0:43.99	0:52.99	0:58.39	1:03.78	1:09.19	0:38.11	0:38.11	0:38.12			
1:13.13	1:13.12	1:01.18	1:06.38	1:06.37	1:01.18	0:56.00	0:50.82	0:43.29	25 Breast	1:35.89	1:55.35	2:07.08	2:18.82	2:30.55	1:03.78	1:16.20	1:16.21	1:01.89	1:01.88	0:51.81	50 Breast	0:43.99	0:52.99	0:58.39	1:03.78	1:09.19	1:16.20	1:16.20	1:16.21			
0:30.96	0:30.95	0:28.09	2:24.92	2:24.91	2:13.61	2:02.31	1:51.01	1:34.69	25 Fly	0:36.09	0:44.92	0:49.48	0:54.05	0:58.61	0:29.30	0:32.27	0:32.28	0:56.21	0:56.20	0:51.81	50 Fly	0:36.09	0:44.92	0:49.48	0:54.05	0:58.61	0:32.27	0:32.27	0:32.28			
1:01.89	1:01.88	0:51.81	0:56.21	0:56.20	0:51.81	0:47.44	0:43.07	0:36.09	50 Fly	1:23.09	1:44.85	1:55.48	2:06.11	2:16.73	0:54.05	1:04.54	1:04.55	1:11.29	1:11.28	2:01.07	100 Fly	1:23.09	1:44.85	1:55.48	2:06.11	2:16.73	1:04.54	1:04.54	1:04.55			
HI-C+	HI-B	HI-A	2:09.13	2:09.12	1:59.05	1:49.00	1:38.95	1:23.69	100 IM	2:56.39	3:32.43	3:53.99	4:15.56	4:37.11	2:09.13	2:09.12	1:59.05	4:32.32	4:32.31	4:11.10	100 IM	2:56.39	3:32.43	3:53.99	4:15.56	4:37.11	2:16.73	2:16.73	2:16.74			
HI-C+	HI-B	HI-A	4:32.32	4:32.31	4:11.10	3:49.90	3:28.71	2:55.39	200 IM	2:56.39	3:32.43	3:53.99	4:15.56	4:37.11	4:32.32	4:32.31	4:11.10	HI-C+	HI-B	HI-A	100 IM	2:56.39	3:32.43	3:53.99	4:15.56	4:37.11	4:32.32	4:32.31	4:11.10	2:16.74	2:16.74	2:16.75
HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	11/12	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+	HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	11/12	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-C+	HI-C+	HI-B	HI-A	HI-AA	QUAL	ZONE	
0:42.77	0:42.76	0:39.42	0:36.05	0:32.70	0:28.59	50 Free	0:28.79	0:33.93	0:37.41	0:40.88	0:44.36	0:44.37	0:42.77	0:42.76	0:39.42	0:36.05	0:32.70	0:28.59	50 Free	0:28.79	0:33.93	0:37.41	0:40.88	0:44.36	0:44.37	0:42.77	0:42.76	0:39.42	0:36.05	0:32.70	0:28.59	
1:34.43	1:34.42	1:27.04	1:19.64	1:12.26	1:03.09	100 Free	1:02.69	1:14.26	1:21.85	1:29.43	1:37.03	1:37.04	1:34.43	1:34.42	1:27.04	1:19.64	1:12.26	1:03.09	100 Free	1:02.69	1:14.26	1:21.85	1:29.43	1:37.03	1:37.04	1:34.43	1:34.42	1:27.04	1:19.64	1:12.26	1:03.09	
3:25.46	3:25.45	3:09.40	2:53.35	2:37.30	2:17.39	200 Free	2:16.59	2:41.99	2:58.51	3:15.03	3:31.54	3:31.55	3:25.46	3:25.45	3:09.40	2:53.35	2:37.30	2:17.39	200 Free	2:16.59	2:41.99	2:58.51	3:15.03	3:31.54	3:31.55	3:25.46	3:25.45	3:09.40	2:53.35	2:37.30	2:17.39	
7:13.31	7:13.30	6:39.47	6:05.65	5:31.82	4:50.09	400 Free	4:49.19	5:42.87	6:17.80	6:52.72	7:27.66	7:27.67	7:13.31	7:13.30	6:39.47	6:05.65	5:31.82	4:50.09	400 Free	4:49.19	5:42.87	6:17.80	6:52.72	7:27.66	7:27.67	7:13.31	7:13.30	6:39.47	6:05.65	5:31.82	4:50.09	
0:50.83	0:50.82	0:46.85	0:42.90	0:38.95	0:33.99	50 Back	0:34.29	0:40.69	0:44.82	0:48.95	0:53.08	0:53.09	0:50.83	0:50.82	0:46.85	0:42.90	0:38.95	0:33.99	50 Back	0:34.29	0:40.69	0:44.82	0:48.95	0:53.08	0:53.09	0:50.83	0:50.82	0:46.85	0:42.90	0:38.95	0:33.99	
1:49.36	1:49.35	1:40.84	1:32.34	1:23.83	1:12.99	100 Back	1:13.89	1:27.40	1:36.27	1:45.13	1:53.99	1:54.00	1:49.36	1:49.35	1:40.84	1:32.34	1:23.83	1:12.99	100 Back	1:13.89	1:27.40	1:36.27	1:45.13	1:53.99	1:54.00	1:49.36	1:49.35	1:40.84	1:32.34	1:23.83	1:12.99	
0:56.70	0:56.69	0:52.26	0:47.82	0:43.38	0:37.59	50 Breast	0:37.29	0:44.18	0:48.70	0:53.21	0:57.74	0:57.75	0:56.70	0:56.69	0:52.26	0:47.82	0:43.38	0:37.59	50 Breast	0:37.29	0:44.18	0:48.70	0:53.21	0:57.74	0:57.75	0:56.70	0:56.69	0:52.26	0:47.82	0:43.38	0:37.59	
2:03.58	2:03.57	1:53.91	1:44.25	1:34.58	1:22.09	100 Breast	1:22.49	1:37.58	1:47.54	1:57.49	2:07.45	2:07.46	2:03.58	2:03.57	1:53.91	1:44.25	1:34.58	1:22.09	100 Breast	1:22.49	1:37.58	1:47.54	1:57.49	2:07.45	2:07.46	2:03.58	2:03.57	1:53.91	1:44.25	1:34.58	1:22.09	
0:47.61	0:47.60	0:43.88	0:40.17	0:36.45	0:31.69	50 Fly	0:31.79	0:37.64	0:41.47	0:45.31	0:49.14	0:49.15	0:47.61	0:47.60	0:43.88	0:40.17	0:36.45	0:31.69	50 Fly	0:31.79	0:37.64	0:41.47	0:45.31	0:49.14	0:49.15	0:47.61	0:47.60	0:43.88	0:40.17	0:36.45	0:31.69	
1:47.44	1:47.43	1:39.05	1:30.68	1:22.31	1:11.09	100 Fly	1:11.49	1:24.86	1:33.48	1:42.12	1:50.76	1:50.77	1:47.44	1:47.43	1:39.05	1:30.68	1:22.31	1:11.09	100 Fly	1:11.49	1:24.86	1:33.48	1:42.12	1:50.76	1:50.77	1:47.44	1:47.43	1:39.05	1:30.68	1:22.31	1:11.09	
1:48.18	1:48.17	1:39.73	1:31.29	1:22.85	1:12.85	100 IM	1:25.85	1:34.59	1:43.33	1:43.33	1:52.07	1:52.08	1:48.18	1:48.17	1:39.73	1:31.29	1:22.85	1:12.85	100 IM	1:25.85	1:34.59	1:43.33	1:43.33	1:52.07	1:52.08	1:48.18	1:48.17	1:39.73	1:31.29	1:22.85	1:12.85	
3:52.58	3:52.57	3:34.43	3:16.30	2:58.17	2:35.59	200 IM	2:35.79	3:04.05	3:22.77	3:41.50	4:00.23	4:00.24	3:52.58	3:52.57	3:34.43	3:16.30	2:58.17	2:35.59	200 IM	2:35.79	3:04.05	3:22.77	3:41.50	4:00.23	4:00.24	3:52.58	3:52.57	3:34.43	3:16.30	2:58.17	2:35.59	
HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	13/14	SECT	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	13/14	SECT	ZONE	QUAL	HI-AA	HI-A	HI-B	HI-B	HI-A	HI-AA	QUAL	ZONE	SECT	
0:40.66	0:37.46	0:34.28	0:31.09	0:28.09	0:27.82	50 Free	0:25.11	0:26.49	0:29.77	0:32.82	0:35.88	0:38.94	0:40.66	0:37.46	0:34.28	0:31.09	0:28.09	0:27.82	50 Free	0:25.11	0:26.49	0:29.77	0:32.82	0:35.88	0:38.94	0:40.66	0:37.46	0:34.28	0:31.09	0:28.09	0:27.82	
1:28.05	1:21.15	1:14.26	1:07.35	1:01.09	0:59.47	100 Free	0:53.92	0:57.39	1:04.47	1:11.07	1:17.68	1:24.29	1:28.05	1:21.15	1:14.26	1:07.35	1:01.09	0:59.47	100 Free	0:53.92	0:57.39	1:04.47	1:11.07	1:17.68	1:24.29	1:28.05	1:21.15	1:14.26	1:07.35	1:01.09	0:59.47	
3:10.12	2:55.25	2:40.38	2:25.51	2:11.89	2:08.61	200 Free	1:58.54	2:04.89	2:20.83	2:35.22	2:49.63	3:04.03	3:10.12	2:55.25	2:40.38	2:25.51	2:11.89	2:08.61	200 Free	1:58.54	2:04.89	2:20.83	2:35.22	2:49.63	3:04.03	3:10.12	2:55.25	2:40.38	2:25.51	2:11.89	2:08.61	
6:39.85	6:08.60	5:37.35	5:06.10	4:37.59	4:29.17	400 Free	4:12.49	4:25.59	5:00.02	5:30.66	6:01.30	6:31.95	6:39.85	6:08.60	5:37.35	5:06.10	4:37.59	4:29.17	400 Free	4:12.49	4:25.59	5:00.02	5:30.66	6:01.30	6:31.95	6:39.85	6:08.60	5:37.35	5:06.10	4:37.59	4:29.17	
13:55.75	12:50.48	11:45.20	10:39.93	9:38.89	9:22.55	800 Free	8:57.79	9:15.69	10:25.14	11:28.94	12:32.73	13:36.52	13:55.75	12:50.48	11:45.20	10:39.93	9:38.89	9:22.55	800 Free	8:57.79	9:15.69	10:25.14	11:28.94	12:32.73	13:36.52	13:55.75	12:50.48	11:45.20	10:39.93	9:38.89	9:22.55	
26:43.62	24:38.41	22:33.21	20:28.01	18:31.69	17:58.11	1500 Free	16:52.78	17:42.09	19:54.78	21:56.65	23:58.53	26:00.41	26:43.62	24:38.41	22:33.21	20:28.01	18:31.69	17:58.11	1500 Free	16:52.78	17:42.09	19:54.78	21:56.65	23:58.53	26:00.41	26:43.62	24:38.41	22:33.21	20:28.01	18:31.69	17:58.11	
1:43.91	1:35.83	1:27.73	1:19.65	1:10.39	1:06.31	100 Back	1:01.28	1:06.89	1:16.53	1:24.32	1:32.09	1:39.86	1:43.91	1:35.83	1:27.73	1:19.65	1:10.39	1:06.31	100 Back	1:01.28	1:06.89	1:16.53	1:24.32	1:32.09	1:39.86	1:43.91	1:35.83	1:27.73	1:19.65	1:10.39	1:06.31	
3:37.66	3:20.73	3:03.80	2:46.88	2:30.89	2:23.98	200 Back	2:15.25	2:23.49	2:41.67	2:58.08	3:14.48	3:30.89	3:37.66	3:20.73	3:03.80	2:46.88	2:30.89	2:23.98	200 Back	2:15.25	2:23.49	2:41.67	2:58.08	3:14.48	3:30.89	3:37.66	3:20.73	3:03.80	2:46.88	2:30.89	2:23.98	
1:55.77	1:46.72	1:37.66	1:28.60	1:18.89	1:17.57	100 Breast	1:09.06	1:13.99	1:24.97	1:33.67	1:42.36	1:51.07	1:55.77	1:46.72	1:37.66	1:28.60	1:18.89	1:17.57	100 Breast	1:09.06	1:13.99	1:24.97	1:33.67	1:42.36	1:51.07	1:55.77	1:46.72	1:37.66	1:28.60	1:18.89	1:17.57	
4:05.23	3:46.06	3:26.89																														