

USA-S and Hawaiian Swimming Quad-Year Plan

Sep-01-2012 to Aug-31-2013 through Sep-01-2015 to Aug-31-2016

2012-13**	2013-14**
<p>Nov. 16-18 HI Senior SCY Championship - Oahu Dec. 4-6 USA-S National SCY Championship Dec. 11-13 USA-S Junior National SCY Championship Dec. 14-17 HI Age Grp SCY Championship - Oahu</p> <p>Mar. 13-17 NW Section Senior SCY Championship Mar. 9-10 HI Jr Age Grp SCY Championship - Oahu Mar. 22-24 NW Section Age Grp SCY Championship</p> <p>Jun. 13-15 HI Senior LCM Championship - Oahu Jun. 25-29 USA-S National LCM Chmp (World Trials) Jul. 16-20 NW Section Senior LCM Championship Jul. 18-21 HI Age Grp LCM Championship - Maui Jul. 27-28 HI Jr Age Grp LCM Championship - Oahu Jul. 31-8/4 Western Zone Senior LCM Championship Aug. 4-8 Western Zone Age Grp LCM Championship Aug. 10-14 USA-S Junior National LCM Championship</p>	<p>Nov. 15-17 HI Senior SCY Championship - Oahu Dec. 5-7 USA-S National SCY Championship Dec. 12-14 USA-S Junior National SCY Championship Dec. 19-22 HI Age Grp SCY Championship - Hawaii</p> <p>Mar. 12-16 NW Section Senior SCY Championship Mar. 8-9 HI Jr Age Grp SCY Championship - Oahu Mar. 20-23 NW Section Age Grp SCY Championship</p> <p>Jun. 20-22 HI Senior LCM Championship - Oahu Jul. 17-20 HI Age Grp LCM Championship - Oahu Jul. 15-19 NW Section Senior LCM Championship Jul. 26-27 HI Jr Age Grp LCM Championship - Maui Jul. 30-8/3 Western Zone Senior LCM Championship Jul. 30-8/3 USA-S Junior National LCM Championship Aug. 6-9 Western Zone Age Grp LCM Championship Aug. 6-10 USA-S National LCM Championship Aug. 27-31 Pan Pac Junior Championship - Maui</p>
2014-15**	2015-16**
<p>Nov. 14-16 HI Senior SCY Championship - Oahu Dec. 4-6 USA-S National SCY Championship Dec. 11-13 USA-S Junior National SCY Championship Dec. 19-22 HI Age Grp SCY Championship - Maui</p> <p>Mar. ??-?? NW Section Senior SCY Championship Mar. 7-8 HI Jr Age Grp SCY Championship - Oahu Mar. ??-?? NW Section Age Grp SCY Championship</p> <p>Jun. 19-21 HI Senior LCM Championship - ?? Jul. 16-19 HI Age Group LCM Championship - Oahu Jul. ??-?? NW Section Senior LCM Championship Jul. 25-26 HI Jr Age Grp LCM Championship - ?? Aug. ??-?? Western Zone Senior LCM Championship-tbd Jul. 30-8/3 USA-S Junior National LCM Championship Aug. ??-?? Western Zone Age Grp LCM Championship-Mau Aug. 6-10 USA-S National LCM Championship</p>	<p>Nov. 13-15 HI Senior SCY Championship - ?? Dec. 3-5 USA-S National SCY Championship Dec. 10-12 USA-S Junior National SCY Championship Dec. 18-21 HI Age Grp SCY Championship - Hawaii</p> <p>Mar. ??-?? NW Section Senior SCY Championship Mar. 12-13 HI Jr Age Grp SCY Championship - ?? Mar. ??-?? NW Section Age Grp SCY Championship</p> <p>Jun. 24-26 HI Senior LCM Championship - ?? Jul. 3-11 USA-S Olympic LCM Trials Jul. 21-24 HI Age Grp LCM Championship - Oahu Jul. ??-?? NW Section Senior LCM Championship Jul. 30-31 HI Jr Age Grp LCM Championship - ?? Aug. ??-?? Western Zone Senior LCM Championship Aug. 6-13 Olympics Aug. ??-?? Western Zone Age Grp LCM Championship Aug. ??-?? USA-S Junior National LCM Championship</p>

Color Legend:

- USA-S SR and JR National Meets
- Western Zone / NW Section Meets

- Hawaiian SR Championships
- Hawaiian AG & JAG Championships

updated: Feb-08-2014

National Rules (subject to change**):**

- USA-S SR SCY Nationals end on 1st Sat. of Dec.
- USA-S JR SCY Nationals end on 2nd Sat. of Dec.
- NW Section SR SCY Chmp first half of Mar.
- NW Section AG SCY Chmp last half of Mar.
- USA-S LCM Trials/Nationals dependent on FINA cal.
- NW Sect. SR LCM Chmp 2 wks prior to Nats./US Open
- USA-S SR LCM Nats./US Open ends Sat. before JRs
- USA-S JR LCM Nationals end on 2nd Fri. of Aug.
- Western AG LCM Zones end on 2nd Sat. of Aug.

Hawaiian Rules (subject to change**):**

- HI SR SCY Chmp mid-November
- HI AG SCY Chmp start last Thu/Fri. of school before DOE Winter Break
- HI JR AG SCY Chmp 1st or 2nd wknd of Mar.
- HI SR LCM Chmp second half of June
- HI AG LCM Chmp start last Thu/Fri. of DOE summer school
- HI JR AG LCM Chmp last wknd in July

****Subject to change**:** Meet schedule rules are dependent on many external organizations and other factors beyond the control of Hawaiian Swimming. Since long range planning is a necessity, projections have been made with the best information available.